

Norteño Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



1

CALORIES



222 kcal

BEVERAGE

DRINK

Ingredients

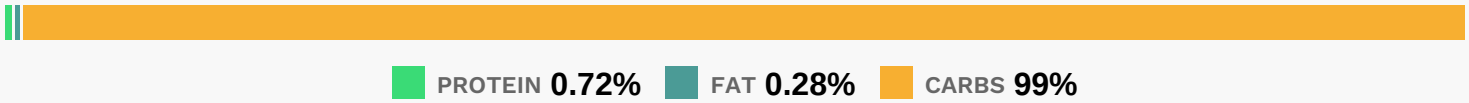
- ☐ 1 serving ice cubes
- ☐ 0.5 ounce chile juice green
- ☐ 1.5 ounces juice of lime fresh
- ☐ 1 serving lime wedges for rim and garnish
- ☐ 1 serving margarita salt for rim
- ☐ 1 ounce simple syrup glaze
- ☐ 2 ounces tequila

Equipment

Directions

- ☐ Put some salt on a flat dish. Moisten the rim of the margarita glass with the lime wedge and dip it in to the salt.
- ☐ Fill a cocktail shaker with ice.
- ☐ Add the tequila, lime juice, simple syrup and green chile juice to the shaker and shake vigorously for 3 seconds.
- ☐ Pour into the salted glass and garnish with the lime wedge.

Nutrition Facts



Properties

Glycemic Index:47, Glycemic Load:0.02, Inflammation Score:-3, Nutrition Score:1.990434769703%

Flavonoids

Eriodictyol: 0.93mg, Eriodictyol: 0.93mg, Eriodictyol: 0.93mg, Eriodictyol: 0.93mg Hesperetin: 4.24mg, Hesperetin: 4.24mg, Hesperetin: 4.24mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Quercetin: 0.22mg, Quercetin: 0.22mg, Quercetin: 0.22mg, Quercetin: 0.22mg

Nutrients (% of daily need)

Calories: 221.99kcal (11.1%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0.02%), Carbohydrates: 25.37g (8.46%), Net Carbohydrates: 24.7g (8.98%), Sugar: 21.96g (24.4%), Cholesterol: 0mg (0%), Sodium: 261.67mg (11.38%), Alcohol: 18.94g (100%), Alcohol %: 12.05% (100%), Protein: 0.19g (0.37%), Vitamin C: 14.75mg (17.88%), Iron: 1.09mg (6.05%), Vitamin B1: 0.05mg (3.41%), Fiber: 0.67g (2.66%), Potassium: 69.81mg (1.99%), Copper: 0.04mg (1.94%), Magnesium: 6.86mg (1.72%), Vitamin B2: 0.03mg (1.52%), Calcium: 11.77mg (1.18%), Folate: 4.33µg (1.08%), Phosphorus: 10.67mg (1.07%)