



North End Grill's Bloody Caesar



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



4

CALORIES



174 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

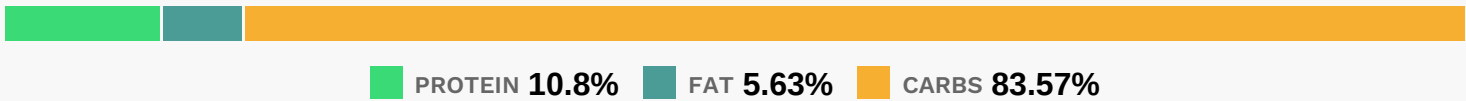
- ☐ 4 celery
- ☐ 0.8 cup bottled clam juice fresh (or bottled)
- ☐ 4 clams raw
- ☐ 2 tablespoons juice of lemon
- ☐ 4 lemon wedges
- ☐ 1 cup vodka
- ☐ 16 ounces frangelico
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Equipment

Directions

- ☐ Combine bloody mary mix, clam juice, vodka, and lemon juice in a pitcher filled with ice. Stir until well chilled.
- ☐ Serve in individual ice-filled glasses, garnished with celery spears, lemon wedges, and skewered clams.

Nutrition Facts



Properties

Glycemic Index:24.88, Glycemic Load:0.49, Inflammation Score:-5, Nutrition Score:3.6765217729237%

Flavonoids

Eriodictyol: 4.21mg, Eriodictyol: 4.21mg, Eriodictyol: 4.21mg, Eriodictyol: 4.21mg Hesperetin: 6.11mg, Hesperetin: 6.11mg, Hesperetin: 6.11mg, Hesperetin: 6.11mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Apigenin: 1.14mg, Apigenin: 1.14mg, Apigenin: 1.14mg, Apigenin: 1.14mg Luteolin: 0.76mg, Luteolin: 0.76mg, Luteolin: 0.76mg, Luteolin: 0.76mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 0.39mg, Quercetin: 0.39mg, Quercetin: 0.39mg, Quercetin: 0.39mg

Nutrients (% of daily need)

Calories: 174.17kcal (8.71%), Fat: 0.25g (0.38%), Saturated Fat: 0.03g (0.19%), Carbohydrates: 8.32g (2.77%), Net Carbohydrates: 6.97g (2.54%), Sugar: 2.64g (2.94%), Cholesterol: 0.63mg (0.21%), Sodium: 194.8mg (8.47%), Alcohol: 20.04g (100%), Alcohol %: 14.77% (100%), Protein: 1.08g (2.15%), Vitamin C: 15.9mg (19.27%), Vitamin K: 11.72µg (11.17%), Folate: 21.53µg (5.38%), Fiber: 1.34g (5.38%), Vitamin A: 256.41IU (5.13%), Potassium: 177.61mg (5.07%), Vitamin B12: 0.25µg (4.18%), Vitamin B6: 0.07mg (3.74%), Manganese: 0.06mg (3.17%), Calcium: 25.5mg (2.55%), Phosphorus: 25.12mg (2.51%), Magnesium: 8.91mg (2.23%), Vitamin B2: 0.04mg (2.23%), Copper: 0.04mg (2.09%), Vitamin B1: 0.03mg (2%), Vitamin B5: 0.18mg (1.82%), Iron: 0.3mg (1.67%), Selenium: 1.06µg (1.51%), Vitamin E: 0.21mg (1.4%), Vitamin B3: 0.26mg (1.31%)