



North End Grill's Bloody Smoky



Vegetarian



Vegan



Dairy Free

READY IN



5 min.

SERVINGS



4

CALORIES



124 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



4 servings onion



3 ounces scotch whiskey islay-style (such as Laphroaig)



3 ounces vodka



16 ounces frangelico



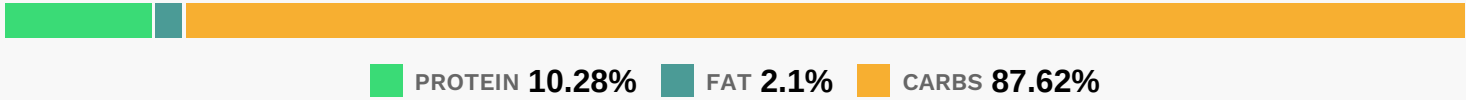
16 ounces frangelico

Equipment

Directions

- ☐ Combine bloody mary mix, scotch, and vodka in a pitcher filled with ice. Stir until well chilled.
- ☐ Serve in individual ice-filled glasses, garnished with pickled onions.

Nutrition Facts



Properties

Glycemic Index:14.25, Glycemic Load:1.14, Inflammation Score:-4, Nutrition Score:1.3986956417237%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Isorhamnetin: 2.76mg, Isorhamnetin: 2.76mg, Isorhamnetin: 2.76mg, Isorhamnetin: 2.76mg Kaempferol: 0.36mg, Kaempferol: 0.36mg, Kaempferol: 0.36mg, Kaempferol: 0.36mg Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg, Myricetin: 0.02mg Quercetin: 11.16mg, Quercetin: 11.16mg, Quercetin: 11.16mg, Quercetin: 11.16mg

Nutrients (% of daily need)

Calories: 124.27kcal (6.21%), Fat: 0.05g (0.08%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 5.16g (1.72%), Net Carbohydrates: 4.22g (1.54%), Sugar: 2.35g (2.61%), Cholesterol: 0mg (0%), Sodium: 2.41mg (0.1%), Alcohol: 14.76g (100%), Alcohol %: 19.18% (100%), Protein: 0.61g (1.21%), Vitamin C: 4.07mg (4.93%), Fiber: 0.94g (3.74%), Manganese: 0.07mg (3.63%), Vitamin B6: 0.07mg (3.3%), Folate: 10.45µg (2.61%), Potassium: 80.73mg (2.31%), Vitamin B1: 0.03mg (1.87%), Phosphorus: 17.65mg (1.77%), Magnesium: 5.5mg (1.38%), Copper: 0.03mg (1.33%), Calcium: 12.65mg (1.26%)