

Nouveau Sangaree



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



3 min.

SERVINGS



1

CALORIES



90 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

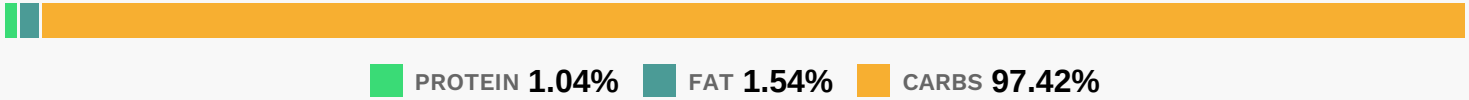
- ☐ 2 dashes angostura bitters
- ☐ 1 slice apples with cinnamon or nutmeg
- ☐ 1.5 ounces apples
- ☐ 0.5 ounce hendrick's gin
- ☐ 1 serving ice cubes
- ☐ 0.3 ounce maple syrup

Equipment

Directions

- ☐ Fill a mixing glass with ice.
- ☐ Add wine, apple brandy, sloe gin, maple syrup, and bitters. Stir well and strain into a chilled coupe.
- ☐ Garnish and serve.

Nutrition Facts



Properties

Glycemic Index:115.5, Glycemic Load:3.73, Inflammation Score:-1, Nutrition Score:1.5978260675202%

Flavonoids

Cyanidin: 0.86mg, Cyanidin: 0.86mg, Cyanidin: 0.86mg, Cyanidin: 0.86mg Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg, Peonidin: 0.01mg Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg, Catechin: 0.71mg Epigallocatechin: 0.14mg, Epigallocatechin: 0.14mg, Epigallocatechin: 0.14mg, Epigallocatechin: 0.14mg Epicatechin: 4.11mg, Epicatechin: 4.11mg, Epicatechin: 4.11mg, Epicatechin: 4.11mg Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg, Epicatechin 3-gallate: 0.01mg Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg, Luteolin: 0.07mg Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg Quercetin: 2.19mg, Quercetin: 2.19mg, Quercetin: 2.19mg, Quercetin: 2.19mg

Nutrients (% of daily need)

Calories: 89.75kcal (4.49%), Fat: 0.09g (0.14%), Saturated Fat: 0.02g (0.1%), Carbohydrates: 13.22g (4.41%), Net Carbohydrates: 11.91g (4.33%), Sugar: 10.18g (11.31%), Cholesterol: 0mg (0%), Sodium: 4.12mg (0.18%), Alcohol: 5.63g (100%), Alcohol %: 5.34% (100%), Protein: 0.14g (0.28%), Manganese: 0.18mg (9.23%), Vitamin B2: 0.1mg (6.16%), Fiber: 1.31g (5.23%), Vitamin C: 2.51mg (3.04%), Potassium: 74.57mg (2.13%), Copper: 0.03mg (1.33%), Calcium: 12.68mg (1.27%), Magnesium: 4.77mg (1.19%), Vitamin K: 1.2µg (1.14%), Vitamin B6: 0.02mg (1.12%)