



Nutella S'mores Panini...and my TV Cooking Debut!

♡ Popular

READY IN



15 min.

SERVINGS



4

CALORIES



608 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 cup graham cracker crumbs
- ☐ 0.5 cup marshmallow creme
- ☐ 0.5 cup nutella
- ☐ 8 slices rustic bread white
- ☐ 1 tablespoon sugar
- ☐ 4 tablespoons butter unsalted room temperature

Equipment

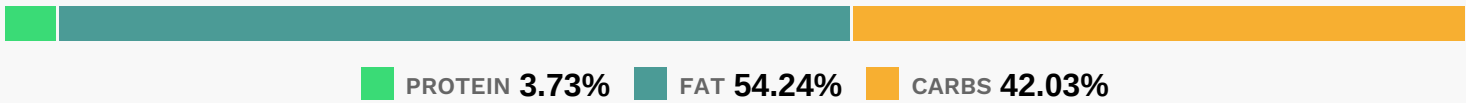
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 grill

Directions

- ☐ Spread a thin layer of graham cracker butter on top of two slices of bread. Flip over both slices of bread.
- ☐ Spread a few tablespoons of Nutella on one slice and a few tablespoons of marshmallow cream on the other. Close the sandwich, butter side up.Grill the panini, two at a time, until the crust is crisped and golden and the marshmallow cream has melted, 3 to 4 minutes.

Nutrition Facts



Properties

Glycemic Index:43.36, Glycemic Load:11.19, Inflammation Score:-3, Nutrition Score:6.6391303694766%

Nutrients (% of daily need)

Calories: 608.41kcal (30.42%), Fat: 37.15g (57.15%), Saturated Fat: 25.6g (160.02%), Carbohydrates: 64.77g (21.59%), Net Carbohydrates: 61.17g (22.24%), Sugar: 46.58g (51.76%), Cholesterol: 30.1mg (10.03%), Sodium: 199.94mg (8.69%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.75g (11.51%), Manganese: 0.33mg (16.31%), Iron: 2.7mg (15.02%), Vitamin E: 2.18mg (14.57%), Fiber: 3.6g (14.41%), Vitamin B3: 2.16mg (10.82%), Copper: 0.18mg (8.99%), Phosphorus: 85.76mg (8.58%), Magnesium: 34.18mg (8.54%), Folate: 33.28µg (8.32%), Potassium: 252.14mg (7.2%), Vitamin A: 350.98IU (7.02%), Vitamin B2: 0.12mg (6.92%), Vitamin B1: 0.1mg (6.7%), Calcium: 48.04mg (4.8%), Zinc: 0.59mg (3.95%), Selenium: 1.51µg (2.15%), Vitamin B12: 0.13µg (2.08%), Vitamin B6: 0.04mg (1.82%), Vitamin K: 1.69µg (1.61%), Vitamin B5: 0.15mg (1.49%), Vitamin D: 0.21µg (1.4%)