

Oatmeal-Chocolate Pretzel Cookies

READY IN



40 min.

SERVINGS



24

CALORIES



170 kcal

DESSERT

Ingredients

- ☐ 0.5 cup butter softened
- ☐ 1.5 cups chocolate-covered peanuts chopped
- ☐ 1 pouch basic cookie mix
- ☐ 1 eggs
- ☐ 1 tablespoon water

Equipment

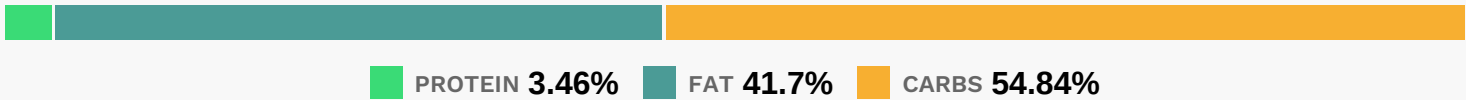
- ☐ bowl
- ☐ baking sheet

☐ oven

Directions

- ☐ Heat oven to 375F (or 350F for dark or nonstick cookie sheet).
- ☐ In medium bowl, stir butter, water and egg until well blended. Stir in cookie mix and chopped pretzels.
- ☐ Onto ungreased cookie sheets, drop dough by rounded tablespoons 2 inches apart.
- ☐ Bake 11 to 13 minutes or until light golden brown. Cool on cookie sheets 1 minute.
- ☐ Remove from cookie sheets to cooling racks.

Nutrition Facts



Properties

Glycemic Index:2.08, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.2952173915084%

Nutrients (% of daily need)

Calories: 170.3kcal (8.52%), Fat: 7.92g (12.19%), Saturated Fat: 3.95g (24.72%), Carbohydrates: 23.44g (7.81%), Net Carbohydrates: 22.56g (8.2%), Sugar: 16.74g (18.6%), Cholesterol: 17.33mg (5.78%), Sodium: 58.79mg (2.56%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.48g (2.96%), Fiber: 0.87g (3.49%), Vitamin A: 138.32IU (2.77%), Copper: 0.04mg (2.17%), Phosphorus: 20.85mg (2.09%), Manganese: 0.04mg (2.04%), Potassium: 70.79mg (2.02%), Vitamin B2: 0.03mg (1.99%), Iron: 0.3mg (1.67%), Magnesium: 5.38mg (1.35%), Selenium: 0.9µg (1.29%), Calcium: 11.86mg (1.19%), Zinc: 0.17mg (1.12%), Vitamin B12: 0.07µg (1.1%), Vitamin E: 0.16mg (1.08%), Vitamin B1: 0.02mg (1.08%)