



## Oatmeal Raisin Cookies with Truvia® Baking Blend

 Vegetarian

READY IN



35 min.

SERVINGS



24

CALORIES



91 kcal

DESSERT

### Ingredients

- ☐ 0.3 cup baking blend truvia®
- ☐ 0.5 teaspoon baking soda
- ☐ 0.5 cup butter
- ☐ 1 eggs
- ☐ 0.8 cup flour all-purpose
- ☐ 0.5 teaspoon ground cinnamon
- ☐ 1 tablespoon blackstrap molasses

- ☐ 0.8 cup raisins
- ☐ 1.5 cups rolled oats
- ☐ 0.5 teaspoon salt
- ☐ 0.5 teaspoon vanilla

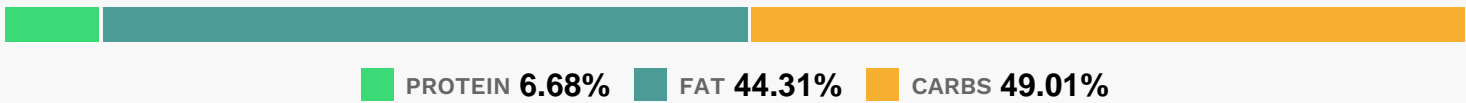
## Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ mixing bowl
- ☐ wire rack

## Directions

- ☐ Preheat oven to 350 degrees F.
- ☐ In a large mixing bowl cream butter, Truvia® Baking Blend, molasses, egg and vanilla until smooth.
- ☐ In a second bowl, combine the flour, baking soda, cinnamon and salt.
- ☐ Add the dry ingredients to the creamed mixture, mixing until uniform. Stir in the oats and raisins.
- ☐ Drop tablespoons of the dough onto an ungreased cookie sheet, leaving 2 inches between cookies.
- ☐ Bake for 10 minutes or until just golden at the edges.
- ☐ Remove from oven and let rest for 5 minutes, then remove cookies to a wire rack to cool completely.

## Nutrition Facts



## Properties

Glycemic Index:11.37, Glycemic Load:5.51, Inflammation Score:-1, Nutrition Score:2.5882608650819%

Nutrients (% of daily need)

Calories: 91.48kcal (4.57%), Fat: 4.6g (7.07%), Saturated Fat: 2.61g (16.3%), Carbohydrates: 11.44g (3.81%), Net Carbohydrates: 10.47g (3.81%), Sugar: 0.85g (0.94%), Cholesterol: 17.01mg (5.67%), Sodium: 122.18mg (5.31%), Alcohol: 0.03g (100%), Alcohol %: 0.16% (100%), Protein: 1.56g (3.12%), Manganese: 0.25mg (12.39%), Selenium: 3.67µg (5.24%), Vitamin B1: 0.07mg (4.5%), Phosphorus: 40.76mg (4.08%), Fiber: 0.97g (3.9%), Iron: 0.62mg (3.47%), Vitamin B2: 0.05mg (3%), Magnesium: 11.89mg (2.97%), Folate: 11.47µg (2.87%), Vitamin A: 128.25IU (2.57%), Copper: 0.05mg (2.33%), Potassium: 78.09mg (2.23%), Vitamin B3: 0.41mg (2.03%), Zinc: 0.26mg (1.73%), Vitamin B5: 0.13mg (1.27%), Vitamin B6: 0.03mg (1.26%), Calcium: 11.05mg (1.11%), Vitamin E: 0.16mg (1.03%)