

Old Etonian Spritz



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



5

CALORIES



62 kcal

BEVERAGE

DRINK

Ingredients



1 slices nectarines



5 servings club soda



2 teaspoons crème de noyaux



3 tbsp hendrick's gin dry such as broker's london gin



3 tbsp lillet blanc



3 dashes orange bitters



5 servings orange peel twist

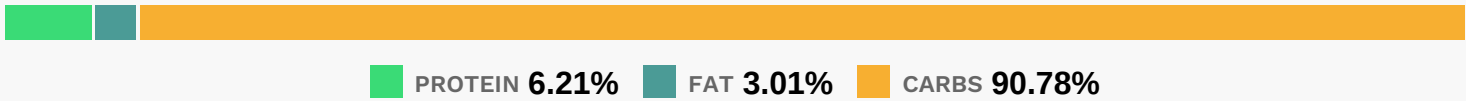
Equipment

Directions

- ☐
- Shake gin, Lillet, orange bitters, and Noyau de Poissy in a cocktail shaker filled with ice. Strain into a tall, ice-filled glass, top up with club soda, and garnish with nectarine slices and orange peel.

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Nutrition Facts



Properties

Glycemic Index:11.6, Glycemic Load:0.94, Inflammation Score:-3, Nutrition Score:2.2547826604999%

Flavonoids

Cyanidin: 0.61mg, Cyanidin: 0.61mg, Cyanidin: 0.61mg, Cyanidin: 0.61mg Catechin: 0.85mg, Catechin: 0.85mg, Catechin: 0.85mg, Catechin: 0.85mg Epicatechin: 0.73mg, Epicatechin: 0.73mg, Epicatechin: 0.73mg, Epicatechin: 0.73mg Quercetin: 0.2mg, Quercetin: 0.2mg, Quercetin: 0.2mg, Quercetin: 0.2mg

Nutrients (% of daily need)

Calories: 61.77kcal (3.09%), Fat: 0.1g (0.16%), Saturated Fat: 0g (0.02%), Carbohydrates: 7.07g (2.36%), Net Carbohydrates: 5.37g (1.95%), Sugar: 3.37g (3.75%), Cholesterol: 0mg (0%), Sodium: 4.61mg (0.2%), Alcohol: 4.81g (100%), Alcohol %: 9.8% (100%), Protein: 0.48g (0.97%), Vitamin C: 17.15mg (20.79%), Fiber: 1.7g (6.8%), Vitamin A: 145.35IU (2.91%), Vitamin B3: 0.43mg (2.15%), Calcium: 20.04mg (2%), Copper: 0.04mg (1.83%), Potassium: 63.13mg (1.8%), Vitamin B1: 0.02mg (1.64%), Vitamin B6: 0.03mg (1.42%), Vitamin E: 0.2mg (1.36%), Folate: 5.32µg (1.33%), Magnesium: 5.24mg (1.31%), Vitamin B5: 0.11mg (1.12%), Vitamin B2: 0.02mg (1.11%), Iron: 0.19mg (1.04%), Phosphorus: 10.32mg (1.03%)