

Old Fashioned



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



163 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



2 dashes angostura bitters plus more to taste



1 maraschino cherries



1 orange zest



2 ounces bourbon



1 simple syrup glaze

Equipment

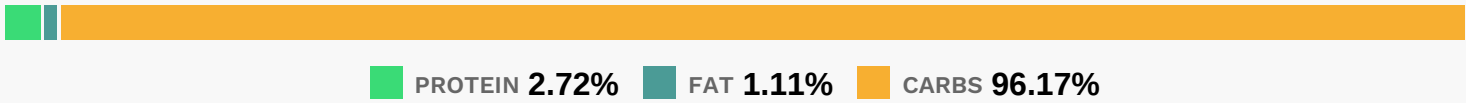


drinking straws

Directions

- ☐ In old-fashioned glass, combine simple syrup and bitters. Fill glass halfway with ice, then stir about a dozen times.
- ☐ Add enough ice to fill glass. Squeeze orange peel over glass to extract oils, add peel to glass, and add whiskey. Stir just until drink is cold and alcoholic bite has softened, about a dozen times.
- ☐ Garnish with cherry, swizzle stick, and straw.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:1.7417391613126%

Nutrients (% of daily need)

Calories: 163.07kcal (8.15%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0.03%), Carbohydrates: 6.75g (2.25%), Net Carbohydrates: 5.32g (1.93%), Sugar: 2.93g (3.26%), Cholesterol: 0mg (0%), Sodium: 1.71mg (0.07%), Alcohol: 19.84g (100%), Alcohol %: 32.78% (100%), Protein: 0.19g (0.38%), Vitamin C: 16.32mg (19.78%), Fiber: 1.43g (5.73%), Calcium: 22.15mg (2.21%), Copper: 0.03mg (1.51%), Vitamin B1: 0.02mg (1.27%), Vitamin B6: 0.02mg (1.1%), Vitamin A: 52.65IU (1.05%)