



Old Fashioned Wreaths

 Vegetarian

READY IN



45 min.

SERVINGS



84

CALORIES



33 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 teaspoon double-acting baking powder
- 0.5 cup butter softened
- 1.8 cups flour all-purpose
- 0.5 cup heavy whipping cream
- 1 teaspoon vanilla extract
- 1 cup sugar white

Equipment

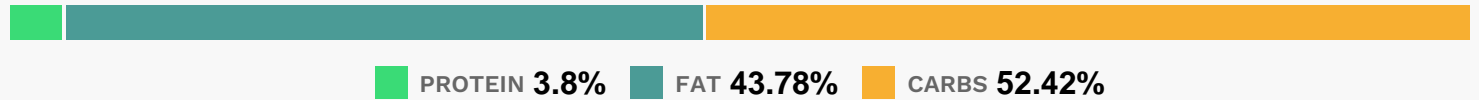
- baking sheet

oven

Directions

- Cream the butter and sugar until light and fluffy. Whip the cream and vanilla and add to mixture.
- Sift the flour and baking powder and add, stirring well. Knead the dough lightly on a board. Cover and refrigerate for 2 hours.
- Preheat oven to 400 degrees F (200 degrees C). Grease cookie sheets.
- Roll the dough and cut into pencil sized strips 6 to 7 inches long. Double the strips and twirl together. Make into circles approximately 3 inches around.
- Bake 12 to 15 minutes, or until golden.

Nutrition Facts



Properties

Glycemic Index:3.42, Glycemic Load:3.11, Inflammation Score:-1, Nutrition Score:0.49000000281502%

Nutrients (% of daily need)

Calories: 33.31kcal (1.67%), Fat: 1.64g (2.52%), Saturated Fat: 1.02g (6.4%), Carbohydrates: 4.42g (1.47%), Net Carbohydrates: 4.35g (1.58%), Sugar: 2.43g (2.7%), Cholesterol: 4.51mg (1.5%), Sodium: 14.2mg (0.62%), Alcohol: 0.02g (100%), Alcohol %: 0.26% (100%), Protein: 0.32g (0.64%), Vitamin B1: 0.02mg (1.39%), Selenium: 0.95µg (1.36%), Folate: 4.86µg (1.22%), Vitamin A: 54.59IU (1.09%)