



Olive-Feta Pinwheels

READY IN



40 min.

SERVINGS



16

CALORIES



65 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 2 tablespoons cream cheese (from 8-oz container)
- ☐ 1 oz feta cheese crumbled
- ☐ 0.3 cup kalamata olives pitted chopped
- ☐ 2 tablespoons oregano fresh chopped
- ☐ 8 oz regular crescent rolls refrigerated pillsbury® canned

Equipment

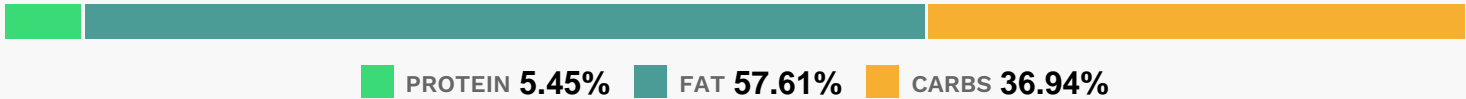
- ☐ baking sheet
- ☐ oven

☐ serrated knife

Directions

- ☐ Heat oven to 350°F. Spray cookie sheet with cooking spray. Unroll dough and separate into 2 long rectangles; press each into 12x4-inch rectangle, firmly pressing perforations to seal.
- ☐ Spread 1 tablespoon cream cheese spread over each rectangle.
- ☐ Sprinkle evenly with feta cheese, olives and oregano.
- ☐ Starting with one short side, roll up each rectangle. With serrated knife, cut each roll into 8 slices; place cut side down on cookie sheet.
- ☐ Bake 15 to 20 minutes or until edges are golden brown. Immediately remove from cookie sheet.
- ☐ Serve warm.

Nutrition Facts



Properties

Glycemic Index:3.69, Glycemic Load:0.05, Inflammation Score:-5, Nutrition Score:0.92913044438414%

Flavonoids

Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg

Nutrients (% of daily need)

Calories: 65.37kcal (3.27%), Fat: 4.4g (6.77%), Saturated Fat: 1.93g (12.06%), Carbohydrates: 6.35g (2.12%), Net Carbohydrates: 6.02g (2.19%), Sugar: 1.52g (1.69%), Cholesterol: 3.41mg (1.14%), Sodium: 170.22mg (7.4%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.94g (1.87%), Vitamin K: 3.99µg (3.8%), Iron: 0.43mg (2.4%), Calcium: 21.57mg (2.16%), Manganese: 0.03mg (1.59%), Vitamin E: 0.21mg (1.42%), Fiber: 0.34g (1.34%), Vitamin B2: 0.02mg (1.33%), Vitamin A: 50.74IU (1.01%)