



On-the-Trail Monster Cookies

 Dairy Free

READY IN



70 min.

SERVINGS



36

CALORIES



268 kcal

DESSERT

Ingredients

- 1 cup granulated sugar
- 1 cup brown sugar packed
- 1 cup peanut butter
- 0.5 cup butter softened
- 0.5 cup shortening
- 2 teaspoons vanilla
- 2 eggs
- 1.5 cups rolled oats

- 2 cups flour all-purpose
- 1 teaspoon double-acting baking powder
- 1 teaspoon baking soda
- 2 cups m&m candies
- 1 cup peanuts
- 0.8 cup raisins

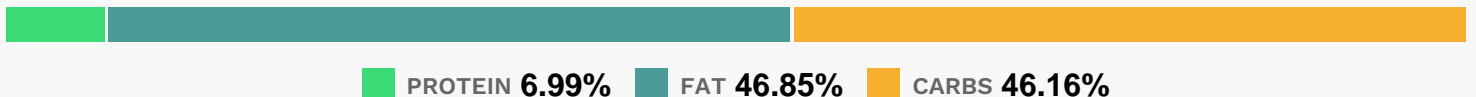
Equipment

- bowl
- baking sheet
- oven
- wire rack
- hand mixer

Directions

- Heat oven to 375°F. In large bowl, beat sugars, peanut butter, butter, shortening, vanilla and eggs with electric mixer on medium speed, or mix with spoon. Stir in oats. Stir in flour, baking powder and baking soda thoroughly. Stir in candies, peanuts and raisins.
- On ungreased cookie sheet, drop dough by slightly less than 1/4 cupfuls about 2 inches apart. Flatten to 3/4-inch thickness with bottom of glass.
- Bake 12 to 14 minutes or just until cookies are set and begin to brown. Cool 2 minutes; remove from cookie sheet to cooling rack.

Nutrition Facts



Properties

Glycemic Index:10.11, Glycemic Load:10, Inflammation Score:-3, Nutrition Score:5.1426087268021%

Nutrients (% of daily need)

Calories: 267.58kcal (13.38%), Fat: 14.31g (22.02%), Saturated Fat: 4.07g (25.46%), Carbohydrates: 31.73g (10.58%), Net Carbohydrates: 29.96g (10.89%), Sugar: 19.54g (21.71%), Cholesterol: 10.83mg (3.61%), Sodium: 117.96mg (5.13%), Alcohol: 0.08g (100%), Alcohol %: 0.17% (100%), Protein: 4.81g (9.62%), Manganese: 0.4mg (19.78%), Vitamin B3: 2.09mg (10.45%), Folate: 31.02µg (7.75%), Vitamin B1: 0.11mg (7.51%), Phosphorus: 71.9mg (7.19%), Fiber: 1.78g (7.1%), Magnesium: 27.83mg (6.96%), Selenium: 4.79µg (6.85%), Vitamin E: 0.97mg (6.46%), Iron: 1.07mg (5.96%), Copper: 0.1mg (5.21%), Vitamin B2: 0.08mg (4.58%), Calcium: 38.88mg (3.89%), Potassium: 128.46mg (3.67%), Vitamin B6: 0.07mg (3.25%), Zinc: 0.48mg (3.19%), Vitamin A: 151.86IU (3.04%), Vitamin B5: 0.28mg (2.85%), Vitamin K: 1.63µg (1.55%)