

DRINKS

One and Done Cocktail

7 October 2026

TOTAL TIME	PREP	SERVES	PER SERVING	CALORIES
5 min	5 min	6	\$2.79	267 kcal

One and Done Cocktail is a gluten free, dairy free, lacto ovo vegetarian, and fodmap friendly recipe with 6 servings. For \$2.79 per serving, this recipe covers 0% of your daily requirements of vitamins and minerals. This beverage has 267 calories, 0g of protein, and 0g of fat per serving.

Ingredients

- ☐ 8 ounces cola
- ☐ 4 ounces tequila
- ☐ 4 ounces vodka
- ☐ 2 lemons, juiced
- ☐ 8 ounces Triple Sec
- ☐ 4 ounces blended whiskey (recommended: Seagram's 7)

Method

- 1

In a large pitcher full of ice, mix together all liquor ingredients. Stir well and serve in a large pilsner glass. Top with a spritz of cola and lemon juice.

Nutrition per serving

267

KCAL

0 g

PROTEIN

0 g

FAT

16 g

CARBS

Saturated Fat

0 g · 0% of daily needs

Sugar

15.8 g · 18% of daily needs

Sodium

5 mg · 0% of daily needs

Cholesterol

0 mg · 0% of daily needs

Vitamin C

3.9 mg · 5% of daily needs

Adapted from Foodnetwork. Find this recipe, ratings and more ideas at whatsheate.com/one-and-done-cocktail-148528