



Ooey-Gooey Peanut Butter-Chocolate Brownies

READY IN



45 min.

SERVINGS



20

CALORIES



239 kcal

DESSERT

Ingredients

- ☐ 18.3 ounce devil's food cake mix
- ☐ 0.3 cup butter cooled melted
- ☐ 1 large egg white lightly beaten
- ☐ 0.3 cup milk fat-free
- ☐ 7 ounce marshmallow crème
- ☐ 0.5 cup peanut butter morsels
- ☐ 0.8 cup condensed milk fat-free sweetened divided

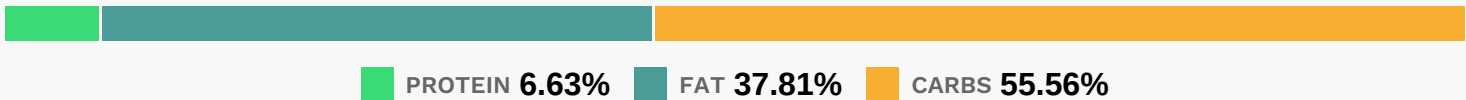
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ wire rack
- ☐ baking pan

Directions

- ☐ Preheat oven to 35
- ☐ Combine 1/4 cup condensed milk, butter, and next 3 ingredients in a large bowl (batter will be very stiff). Coat bottom of a 13 x 9-inch metal baking pan with cooking spray. Press two-thirds of dough into prepared pan using fingers coated with cooking spray; pat evenly (layer will be thin).
- ☐ Bake at 350 for 10 minutes.
- ☐ Combine remaining 1/2 cup condensed milk and marshmallow creme in a bowl; stir in morsels.
- ☐ Spread marshmallow mixture evenly over brownie layer. Carefully drop remaining dough by spoonfuls over marshmallow mixture.
- ☐ Bake at 350 for 25 minutes (a wooden pick will not test clean). Cool completely in pan on a wire rack.
- ☐ Measure peanut butter morsels
- ☐ Help press dough into pan
- ☐ Spread marshmallow mixture over brownie layer
- ☐ Drop remaining dough on marshmallow mixture

Nutrition Facts



Properties

Glycemic Index:7.91, Glycemic Load:4.02, Inflammation Score:-2, Nutrition Score:4.6965217072031%

Nutrients (% of daily need)

Calories: 238.87kcal (11.94%), Fat: 10.64g (16.36%), Saturated Fat: 3.59g (22.41%), Carbohydrates: 35.16g (11.72%),
Net Carbohydrates: 34.23g (12.45%), Sugar: 23.1g (25.66%), Cholesterol: 10.09mg (3.36%), Sodium: 277.9mg
(12.08%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 4.19g (8.39%), Phosphorus: 124.95mg (12.49%),
Selenium: 5.59µg (7.99%), Calcium: 79.39mg (7.94%), Manganese: 0.15mg (7.66%), Iron: 1.3mg (7.22%), Vitamin B2:
0.11mg (6.69%), Magnesium: 26.65mg (6.66%), Copper: 0.13mg (6.64%), Vitamin B3: 1.3mg (6.51%), Vitamin E:
0.96mg (6.39%), Folate: 23.06µg (5.77%), Potassium: 172.8mg (4.94%), Vitamin B1: 0.07mg (4.34%), Fiber: 0.93g
(3.72%), Zinc: 0.5mg (3.3%), Vitamin B6: 0.05mg (2.33%), Vitamin A: 108.57IU (2.17%), Vitamin B5: 0.21mg (2.07%),
Vitamin B12: 0.07µg (1.24%), Vitamin K: 1.27µg (1.21%)