



Open-Face Butter and Radish Sandwiches

 Vegetarian

READY IN



45 min.

SERVINGS



10

CALORIES



51 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 20.3 inch thick diagonal baguette
- ☐ 10 servings coarse kosher salt
- ☐ 2.5 bunches radishes trimmed
- ☐ 10 servings butter unsalted room temperature

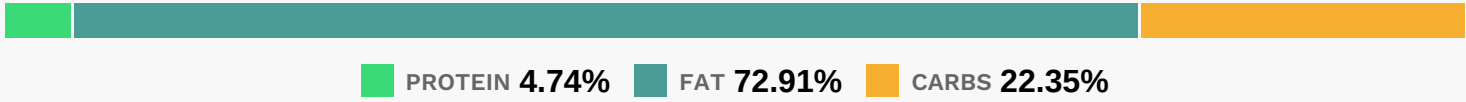
Equipment

- ☐ bowl

Directions

- ☐ Place radishes in medium bowl of ice water and chill at least 30 minutes and up to 2 hours.
- ☐ Drain radishes and slice thinly.
- ☐ Spread butter generously over baguette slices and sprinkle lightly with sea salt or coarse kosher salt. Arrange radish slices atop buttered baguette slices and serve.

Nutrition Facts



Properties

Glycemic Index:10.38, Glycemic Load:1.77, Inflammation Score:-1, Nutrition Score:1.1056521787592%

Flavonoids

Pelargonidin: 7.89mg, Pelargonidin: 7.89mg, Pelargonidin: 7.89mg, Pelargonidin: 7.89mg Kaempferol: 0.11mg, Kaempferol: 0.11mg, Kaempferol: 0.11mg, Kaempferol: 0.11mg

Nutrients (% of daily need)

Calories: 51.17kcal (2.56%), Fat: 4.21g (6.47%), Saturated Fat: 2.6g (16.25%), Carbohydrates: 2.9g (0.97%), Net Carbohydrates: 2.59g (0.94%), Sugar: 0.48g (0.53%), Cholesterol: 10.75mg (3.58%), Sodium: 231mg (10.04%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.62g (1.23%), Vitamin A: 125.82IU (2.52%), Vitamin C: 1.85mg (2.24%), Folate: 8.78µg (2.19%), Vitamin B1: 0.03mg (2.11%), Manganese: 0.03mg (1.66%), Selenium: 1.01µg (1.44%), Vitamin B2: 0.02mg (1.36%), Vitamin B3: 0.27mg (1.34%), Iron: 0.22mg (1.24%), Fiber: 0.31g (1.23%), Potassium: 36.74mg (1.05%)