



## Open-Faced Turkey Stack

 Dairy Free

READY IN



10 min.

SERVINGS



10

CALORIES



241 kcal

SIDE DISH

### Ingredients

- 2 cups stove top stuffing mix leftover warmed prepared for chicken,
- 4 slices butterball® turkey leftover cooked
- 0.5 cup heinz homestyle roasted turkey gravy
- 1 cup berry cranberry sauce whole

### Equipment

### Directions

Place 1 turkey slice on each of 4 plates; spread with cranberry sauce.

Top with stuffing and gravy.

## Nutrition Facts

 PROTEIN 11.65%  FAT 8.25%  CARBS 80.1%

### Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:7.8747826046918%

### Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Myricetin: 0.76mg, Myricetin: 0.76mg, Myricetin: 0.76mg Quercetin: 0.67mg, Quercetin: 0.67mg, Quercetin: 0.67mg, Quercetin: 0.67mg

### Nutrients (% of daily need)

Calories: 240.73kcal (12.04%), Fat: 2.19g (3.38%), Saturated Fat: 0.59g (3.69%), Carbohydrates: 47.97g (15.99%), Net Carbohydrates: 46.15g (16.78%), Sugar: 13.02g (14.47%), Cholesterol: 4.87mg (1.62%), Sodium: 727.09mg (31.61%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 6.98g (13.96%), Selenium: 24.13µg (34.46%), Folate: 80.2µg (20.05%), Vitamin B1: 0.29mg (19.28%), Vitamin B3: 3.22mg (16.11%), Manganese: 0.3mg (14.93%), Vitamin B2: 0.21mg (12.26%), Iron: 1.97mg (10.95%), Phosphorus: 79.01mg (7.9%), Fiber: 1.82g (7.29%), Copper: 0.12mg (6.23%), Vitamin B6: 0.11mg (5.62%), Magnesium: 21.01mg (5.25%), Calcium: 47.41mg (4.74%), Potassium: 137.92mg (3.94%), Zinc: 0.56mg (3.71%), Vitamin E: 0.45mg (2.97%), Vitamin B5: 0.24mg (2.38%), Vitamin B12: 0.08µg (1.4%)