



Orange-Chocolate Chunk Cookies

 Dairy Free

READY IN



55 min.

SERVINGS



20

CALORIES



307 kcal

DESSERT

Ingredients

- 0.8 cup brown sugar packed
- 0.5 cup granulated sugar
- 0.5 cup butter softened
- 0.5 cup shortening
- 2 teaspoons orange zest grated
- 3 tablespoons orange juice
- 1 teaspoon vanilla
- 1 eggs

- 2.5 cups flour all-purpose
- 1 teaspoon baking soda
- 0.5 teaspoon salt
- 6 oz bittersweet chocolate
- 10.5 oz gumdrops cut into thirds (21 candies)

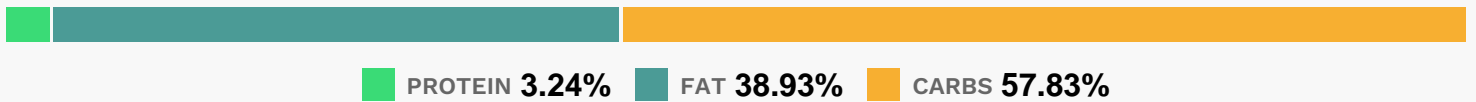
Equipment

- bowl
- baking sheet
- oven
- wire rack
- hand mixer

Directions

- Heat oven to 350°F. In large bowl, beat sugars, butter, shortening, orange peel, orange juice, vanilla and egg with electric mixer on medium speed, or mix with spoon, until creamy. Stir in flour, baking soda and salt. Stir in chocolate chunks and orange candies.
- Drop dough by 1/4 cupfuls about 3 inches apart onto ungreased large cookie sheet.
- Bake 12 to 16 minutes or until light golden brown. Cool 3 minutes; remove from cookie sheet to wire rack.

Nutrition Facts



Properties

Glycemic Index:13.75, Glycemic Load:23.72, Inflammation Score:-3, Nutrition Score:4.4186956506708%

Flavonoids

Hesperetin: 0.3mg, Hesperetin: 0.3mg, Hesperetin: 0.3mg, Hesperetin: 0.3mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 306.83kcal (15.34%), Fat: 13.34g (20.52%), Saturated Fat: 4.2g (26.23%), Carbohydrates: 44.58g (14.86%), Net Carbohydrates: 43.44g (15.8%), Sugar: 25.19g (27.98%), Cholesterol: 8.69mg (2.9%), Sodium: 179.82mg (7.82%), Alcohol: 0.07g (100%), Alcohol %: 0.13% (100%), Caffeine: 7.31mg (2.44%), Protein: 2.49g (4.99%), Manganese: 0.23mg (11.39%), Selenium: 6.94µg (9.91%), Vitamin B1: 0.13mg (8.75%), Iron: 1.43mg (7.96%), Folate: 30.59µg (7.65%), Copper: 0.14mg (6.89%), Vitamin B2: 0.1mg (5.74%), Vitamin B3: 1.02mg (5.1%), Magnesium: 20.08mg (5.02%), Fiber: 1.14g (4.57%), Phosphorus: 45.62mg (4.56%), Vitamin A: 225.07IU (4.5%), Vitamin E: 0.57mg (3.83%), Vitamin K: 3.39µg (3.23%), Potassium: 88.01mg (2.51%), Zinc: 0.37mg (2.46%), Vitamin C: 1.56mg (1.89%), Vitamin B5: 0.19mg (1.86%), Calcium: 18.61mg (1.86%)