



Orange-, Clove-, and Cranberry-Infused Bourbon



Vegetarian



Vegan



Dairy Free

READY IN



45 min.

SERVINGS



10

CALORIES



203 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 750 milliliter bourbon
- ☐ 1 cup lightly cranberries fresh crushed
- ☐ 2 strips orange rind (2-inch)
- ☐ 0.3 cup simple syrup glaze

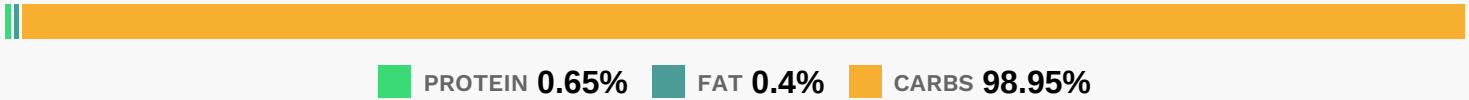
Equipment

- ☐ sieve
- ☐ canning jar

Directions

- ☐ Place first 3 ingredients in a 1-qt. canning jar.
- ☐ Add bourbon; cover with metal lid, and screw on band.
- ☐ Let bourbon stand at room temperature 4 days.
- ☐ Shake jar to distribute flavors.
- ☐ Pour bourbon mixture through a fine wire-mesh strainer into a pitcher, discarding solids. Stir in Simple Syrup, and pour into a clean 1-qt. canning jar or 3 to 4 small bottles. Cover and store in refrigerator up to 2 months.

Nutrition Facts



Properties

Glycemic Index:6, Glycemic Load:0.38, Inflammation Score:-3, Nutrition Score:0.66260869477106%

Flavonoids

Cyanidin: 4.64mg, Cyanidin: 4.64mg, Cyanidin: 4.64mg, Cyanidin: 4.64mg Delphinidin: 0.77mg, Delphinidin: 0.77mg, Delphinidin: 0.77mg, Delphinidin: 0.77mg Malvidin: 0.04mg, Malvidin: 0.04mg, Malvidin: 0.04mg, Malvidin: 0.04mg Pelargonidin: 0.03mg, Pelargonidin: 0.03mg, Pelargonidin: 0.03mg, Pelargonidin: 0.03mg Peonidin: 4.92mg, Peonidin: 4.92mg, Peonidin: 4.92mg, Peonidin: 4.92mg Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg Epicatechin: 0.44mg, Epicatechin: 0.44mg, Epicatechin: 0.44mg, Epicatechin: 0.44mg Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg, Epigallocatechin 3-gallate: 0.1mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.66mg, Myricetin: 0.66mg, Myricetin: 0.66mg, Myricetin: 0.66mg Quercetin: 1.48mg, Quercetin: 1.48mg, Quercetin: 1.48mg, Quercetin: 1.48mg

Nutrients (% of daily need)

Calories: 203.21kcal (10.16%), Fat: 0.01g (0.02%), Saturated Fat: Og (0.01%), Carbohydrates: 7.41g (2.47%), Net Carbohydrates: 7.03g (2.56%), Sugar: 6.59g (7.33%), Cholesterol: Omg (0%), Sodium: 5.85mg (0.25%), Alcohol: 25.41g (100%), Alcohol %: 34.01% (100%), Protein: 0.05g (0.1%), Manganese: 0.05mg (2.48%), Vitamin C: 1.67mg (2.03%), Iron: 0.36mg (1.99%), Fiber: 0.38g (1.52%), Copper: 0.02mg (1.17%), Vitamin B1: 0.02mg (1.13%)