



Orange Cream Delight (Screwdriver)

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



1 min.

SERVINGS



1

CALORIES



251 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving ice cubes
- 6 fluid ounces orange juice
- 2.5 fluid ounces vanilla vodka flavored

Equipment

Directions

Measure the orange juice and vodka into a shaker and add a scoop of ice. Cover and shake until the outside is frosty. Strain into a glass and serve.

Nutrition Facts



PROTEIN 6.06% **FAT 3.9%** **CARBS 90.04%**

Properties

Glycemic Index:67, Glycemic Load:9.41, Inflammation Score:-7, Nutrition Score:7.6873913076909%

Flavonoids

Eriodictyol: 0.3mg, Eriodictyol: 0.3mg, Eriodictyol: 0.3mg, Eriodictyol: 0.3mg Hesperetin: 21.2mg, Hesperetin: 21.2mg, Hesperetin: 21.2mg, Hesperetin: 21.2mg Naringenin: 3.8mg, Naringenin: 3.8mg, Naringenin: 3.8mg, Naringenin: 3.8mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 0.44mg, Quercetin: 0.44mg, Quercetin: 0.44mg, Quercetin: 0.44mg

Nutrients (% of daily need)

Calories: 250.61kcal (12.53%), Fat: 0.35g (0.55%), Saturated Fat: 0.04g (0.27%), Carbohydrates: 18.45g (6.15%), Net Carbohydrates: 18.1g (6.58%), Sugar: 14.9g (16.56%), Cholesterol: 0mg (0%), Sodium: 5.31mg (0.23%), Alcohol: 24.69g (100%), Alcohol %: 10.18% (100%), Protein: 1.24g (2.48%), Vitamin C: 88.71mg (107.53%), Folate: 53.23µg (13.31%), Vitamin B1: 0.16mg (10.89%), Potassium: 355.58mg (10.16%), Vitamin A: 354.84IU (7.1%), Magnesium: 20.08mg (5.02%), Copper: 0.09mg (4.72%), Vitamin B3: 0.71mg (3.55%), Vitamin B6: 0.07mg (3.55%), Vitamin B2: 0.06mg (3.44%), Phosphorus: 33.86mg (3.39%), Vitamin B5: 0.34mg (3.37%), Calcium: 21.2mg (2.12%), Iron: 0.36mg (2.01%), Fiber: 0.35g (1.42%), Manganese: 0.02mg (1.24%)