

Orange-Filled Chocolate Cupcakes with Fondant







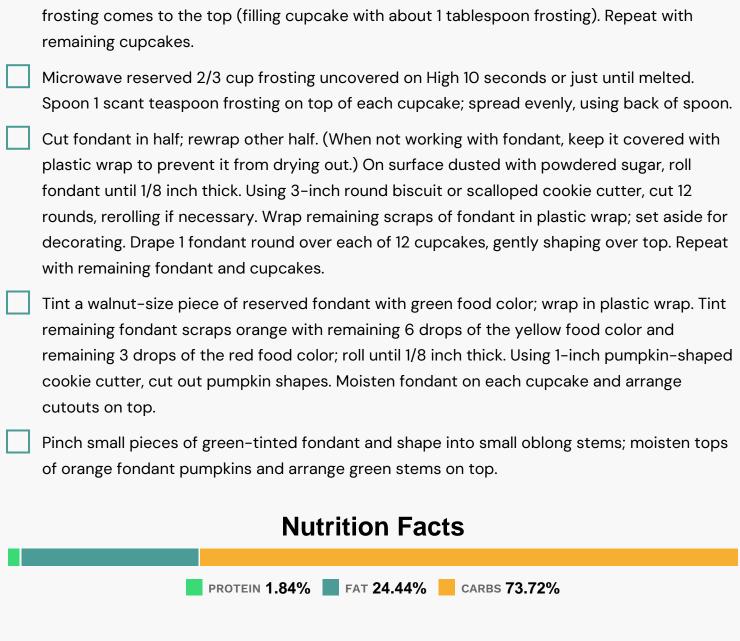


DESSERT

Ingredients

	i box duncan nines devii s food cake (1 ib 2.25 oz)
	12 oz fluffy frosting white
	3 drops drop natural food coloring green
	4.5 cups marshmallows miniature (from 10.5-oz bag)
	0.5 teaspoon orange extract
	1 lb powdered sugar
П	5 drops food coloring red

	0.3 cup shortening	
	1 teaspoon vanilla	
	2 tablespoons water	
	10 drops food coloring yellow	
Equipment		
	bowl	
	oven	
	plastic wrap	
	cookie cutter	
	microwave	
	muffin liners	
Directions		
	Heat oven to 350F.	
	Place paper baking cup in each of 24 regular-size muffin cups.	
	Bake cupcakes as directed on box, using water, oil and eggs. Cool completely, about 30 minutes.	
	Meanwhile, in large microwavable bowl, place marshmallows and 1 tablespoon of the water. Microwave uncovered on High 30 seconds; stir. Microwave 30 seconds longer; stir until smooth. Fold in 3/4 cup of the powdered sugar. Stir in vanilla.	
	Generously grease hands and counter with some of the shortening. Turn marshmallow mixture onto counter.	
	Sprinkle 1 cup of the powdered sugar over marshmallow mixture and knead as you would dough. Continue to add the remaining 2 1/4 cups powdered sugar, greasing hands and counter often to prevent sticking. If fondant begins to tear, it is too dry; add remaining water, 1/2 teaspoon at a time, and knead until fondant forms a firm, smooth, elastic ball that will stretch without tearing, about 8 minutes. Wrap fondant in a double thickness of plastic wrap, squeezing out any air; set aside.	
	In small microwavable bowl, place 2/3 cup of the frosting; set aside. To the remaining frosting, add 4 drops of the yellow food color, 2 drops of the red food color and the orange extract; stir until uniformly tinted. Fit round tip in decorating bag (opening about 1/8 to 1/4 inch in	



diameter). Spoon frosting into decorating bag. Insert tip in center of 1 cupcake, about halfway

down. Gently squeeze decorating bag, pulling upwards until cupcake swells slightly and

Properties

Glycemic Index:4.31, Glycemic Load:8.74, Inflammation Score:-1, Nutrition Score:2.1265217419714%

Nutrients (% of daily need)

Calories: 258.98kcal (12.95%), Fat: 7.26g (11.17%), Saturated Fat: 1.55g (9.67%), Carbohydrates: 49.27g (16.42%), Net Carbohydrates: 48.83g (17.76%), Sugar: 39.74g (44.16%), Cholesterol: Omg (0%), Sodium: 182.62mg (7.94%), Alcohol: 0.06g (100%), Alcohol %: 0.11% (100%), Protein: 1.23g (2.46%), Phosphorus: 51.91mg (5.19%), Iron: 0.87mg (4.82%), Vitamin B2: 0.08mg (4.44%), Copper: 0.08mg (4.14%), Vitamin E: 0.55mg (3.65%), Selenium: 2.52µg (3.6%), Vitamin K: 3.66µg (3.49%), Folate: 12.39µg (3.1%), Calcium: 27.97mg (2.8%), Magnesium: 8.82mg (2.21%), Vitamin B1: 0.03mg (2.17%), Manganese: 0.04mg (2.1%), Potassium: 65.31mg (1.87%), Fiber: 0.44g (1.77%), Vitamin B3: 0.33mg (1.64%), Zinc: 0.16mg (1.07%)