



Orange-Flavored Cream Cheese Dip

 Gluten Free

READY IN



45 min.

SERVINGS



3

CALORIES



695 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 8 ounce cream cheese softened
- ☐ 0.3 cup orange liqueur
- ☐ 2 cups powdered sugar
- ☐ 2 teaspoons vanilla extract
- ☐ 1 cup whipped cream

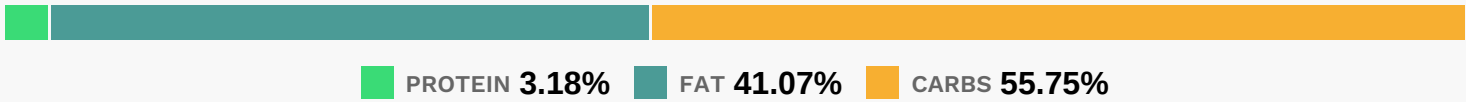
Equipment

- ☐ hand mixer

Directions

☐ Beat cream cheese, powdered sugar, and vanilla at medium speed with an electric mixer, stir in orange liqueur. Fold in whipped cream.

Nutrition Facts



Properties

Glycemic Index:27.33, Glycemic Load:2.5, Inflammation Score:-6, Nutrition Score:4.4030434256015%

Nutrients (% of daily need)

Calories: 695.45kcal (34.77%), Fat: 30.51g (46.94%), Saturated Fat: 18.06g (112.86%), Carbohydrates: 93.18g (31.06%), Net Carbohydrates: 93.18g (33.88%), Sugar: 89.35g (99.28%), Cholesterol: 91.55mg (30.52%), Sodium: 242.39mg (10.54%), Alcohol: 6.03g (100%), Alcohol %: 3.86% (100%), Caffeine: 5.11mg (1.7%), Protein: 5.31g (10.62%), Vitamin A: 1152.29IU (23.05%), Vitamin B2: 0.21mg (12.17%), Selenium: 7.32µg (10.46%), Phosphorus: 100.03mg (10%), Calcium: 94.82mg (9.48%), Vitamin E: 0.78mg (5.19%), Vitamin B5: 0.49mg (4.93%), Potassium: 140.64mg (4.02%), Vitamin B12: 0.22µg (3.74%), Zinc: 0.47mg (3.13%), Vitamin B6: 0.05mg (2.56%), Magnesium: 9.91mg (2.48%), Vitamin K: 1.97µg (1.87%), Folate: 7.4µg (1.85%), Vitamin B1: 0.03mg (1.72%), Copper: 0.03mg (1.55%), Manganese: 0.02mg (1.06%)