

Orange Frosting



Vegetarian



Gluten Free

READY IN



45 min.

SERVINGS



16

CALORIES



114 kcal

FROSTING

ICING

Ingredients

- ☐ 0.3 cup butter softened
- ☐ 2 tablespoons orange juice
- ☐ 1 tablespoon orange rind grated
- ☐ 3 cups powdered sugar sifted
- ☐ 12 drops food coloring red
- ☐ 3 drops food coloring yellow

Equipment

Directions

☐ Combine all ingredients; beat until light and fluffy.

Nutrition Facts



PROTEIN 0.17% **FAT 22.12%** **CARBS 77.71%**

Properties

Glycemic Index:6.38, Glycemic Load:0.11, Inflammation Score:-1, Nutrition Score:0.30913043248913%

Flavonoids

Hesperetin: 0.25mg, Hesperetin: 0.25mg, Hesperetin: 0.25mg, Hesperetin: 0.25mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 114.28kcal (5.71%), Fat: 2.88g (4.43%), Saturated Fat: 1.82g (11.4%), Carbohydrates: 22.77g (7.59%), Net Carbohydrates: 22.73g (8.26%), Sugar: 22.19g (24.65%), Cholesterol: 7.63mg (2.54%), Sodium: 23.29mg (1.01%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.05g (0.1%), Vitamin C: 1.57mg (1.91%), Vitamin A: 94.46IU (1.89%)