



Orange-Spice Drops

READY IN



125 min.

SERVINGS



36

CALORIES



149 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 17.5 oz sugar cookie mix
- ☐ 0.3 cup mascarpone cheese
- ☐ 0.3 cup butter softened
- ☐ 1 tablespoon orange zest grated
- ☐ 1 tablespoon orange juice fresh
- ☐ 0.3 teaspoon pumpkin pie spice
- ☐ 1 eggs
- ☐ 1 cup pecans finely chopped
- ☐ 12 oz peppermint candies white

☐ 1 serving edible gold dust

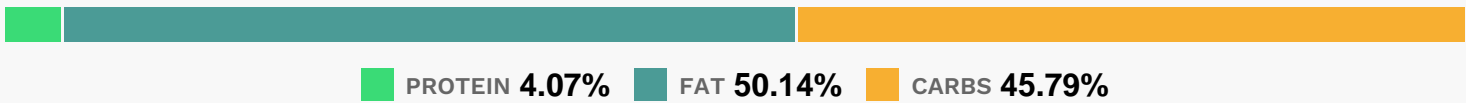
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ hand mixer
- ☐ microwave

Directions

- ☐ Heat oven to 375°F. In large bowl, beat cookie mix, cheese and butter with electric mixer on low speed until well mixed.
- ☐ Add orange peel, orange juice, pumpkin pie spice and egg; beat until thoroughly mixed.
- ☐ Using small cookie scoop, shape dough into 1-inch balls.
- ☐ Roll balls in pecans. On ungreased cookie sheets, place balls 2 inches apart.
- ☐ Bake 11 to 13 minutes or until edges are light golden brown. Cool 5 minutes.
- ☐ Remove from cookie sheets to cooling racks. Cool completely.
- ☐ In small microwavable bowl, microwave candy melts uncovered on High 1 to 2 minutes, stirring every 30 seconds, until melted and stirred smooth. Dip each cookie halfway into melted candy, letting excess drip off.
- ☐ Place on waxed paper until almost set.
- ☐ Sprinkle dipped half of each cookie with edible glitter.
- ☐ Let cookies stand until candy coating is completely set, about 1 hour. Store between sheets of waxed paper in tightly covered container.

Nutrition Facts



Properties

Glycemic Index:1.72, Glycemic Load:0.04, Inflammation Score:-1, Nutrition Score:1.1395652151626%

Flavonoids

Cyanidin: 0.33mg, Cyanidin: 0.33mg, Cyanidin: 0.33mg, Cyanidin: 0.33mg Delphinidin: 0.22mg, Delphinidin: 0.22mg, Delphinidin: 0.22mg, Delphinidin: 0.22mg Catechin: 0.22mg, Catechin: 0.22mg, Catechin: 0.22mg, Catechin: 0.22mg Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg, Epigallocatechin: 0.17mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.07mg, Epigallocatechin 3-gallate: 0.07mg, Epigallocatechin 3-gallate: 0.07mg, Epigallocatechin 3-gallate: 0.07mg Hesperetin: 0.06mg, Hesperetin: 0.06mg, Hesperetin: 0.06mg, Hesperetin: 0.06mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 149.26kcal (7.46%), Fat: 8.52g (13.1%), Saturated Fat: 3.87g (24.21%), Carbohydrates: 17.5g (5.83%), Net Carbohydrates: 17.19g (6.25%), Sugar: 11.93g (13.25%), Cholesterol: 6.63mg (2.21%), Sodium: 62.99mg (2.74%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.56g (3.11%), Manganese: 0.14mg (6.94%), Calcium: 20.78mg (2.08%), Vitamin B1: 0.03mg (1.97%), Vitamin A: 95.53IU (1.91%), Copper: 0.04mg (1.88%), Fiber: 0.31g (1.25%), Phosphorus: 11.3mg (1.13%), Zinc: 0.15mg (1.03%)