



Orange-Toffee-Almond Truffles

 Gluten Free

READY IN



195 min.

SERVINGS



30

CALORIES



97 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 oz semi chocolate chips
- 0.5 cup whipping cream (heavy)
- 0.5 teaspoon orange zest grated
- 0.5 cup toffee chips
- 1 cup almonds toasted sliced chopped

Equipment

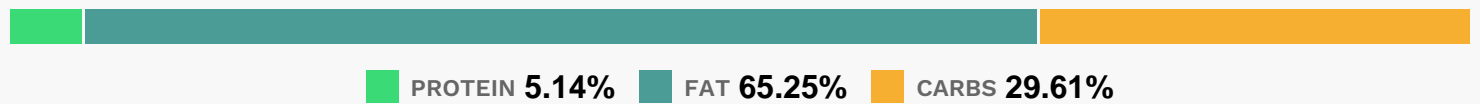
- bowl
- baking sheet

microwave

Directions

- In large microwavable bowl, microwave chocolate chips uncovered on High about 1 minute or until softened; stir until smooth. (If not completely softened, continue microwaving 15 seconds at a time, stirring after each microwave time, until smooth.)
- Stir whipping cream into chocolate until very smooth and glossy. Stir in orange peel and toffee bits. Cover and refrigerate about 2 hours or until firm.
- Place almonds in small bowl. Shape chocolate mixture into 1-inch balls. Immediately roll balls in almonds, pressing to coat.
- Place on ungreased cookie sheet or in paper candy cups. Refrigerate about 30 minutes or until firm.
- Remove from refrigerator 20 minutes before serving.

Nutrition Facts



Properties

Glycemic Index:2.03, Glycemic Load:1.33, Inflammation Score:-2, Nutrition Score:2.3539130609968%

Flavonoids

Cyanidin: 0.08mg, Cyanidin: 0.08mg, Cyanidin: 0.08mg, Cyanidin: 0.08mg Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg, Epigallocatechin: 0.08mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg, Isorhamnetin: 0.08mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 97.13kcal (4.86%), Fat: 7.15g (11%), Saturated Fat: 3.51g (21.91%), Carbohydrates: 7.3g (2.43%), Net Carbohydrates: 6.31g (2.29%), Sugar: 5.53g (6.14%), Cholesterol: 9.04mg (3.01%), Sodium: 7.18mg (0.31%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.5mg (2.17%), Protein: 1.27g (2.54%), Manganese: 0.17mg (8.52%), Copper: 0.13mg (6.33%), Vitamin E: 0.9mg (6.02%), Magnesium: 22.03mg (5.51%), Fiber: 0.99g (3.97%), Phosphorus: 37.98mg (3.8%), Iron: 0.6mg (3.32%), Vitamin B2: 0.05mg (2.87%), Vitamin A: 107.69IU (2.15%), Zinc: 0.31mg (2.07%), Potassium: 71.19mg (2.03%), Calcium: 16.95mg (1.69%), Selenium: 0.91µg (1.3%)