



OREO Football Cookie Balls

READY IN



90 min.

SERVINGS



30

CALORIES



176 kcal

Ingredients

- 6 oz philadelphia cream cheese softened ()
- 1 Tbsp decorating icing white
- 15.3 oz oreo chocolate creme cookies crushed finely
- 16 oz baker's semi-sweet chocolate melted

Equipment

- baking sheet

Directions

- Mix cream cheese and cookie crumbs until blended.

- Roll into 40 (1-inch) balls; shape each into oval to resemble football. Freeze 10 min. Dip in melted chocolate; place in single layer on waxed paper-covered baking sheet. Use icing to draw laces on footballs.
- Refrigerate 1 hour or until firm.

Nutrition Facts



Properties

Glycemic Index:2.33, Glycemic Load:0.23, Inflammation Score:-2, Nutrition Score:4.2713043637898%

Nutrients (% of daily need)

Calories: 176.31kcal (8.82%), Fat: 10.58g (16.27%), Saturated Fat: 5.31g (33.16%), Carbohydrates: 18.81g (6.27%), Net Carbohydrates: 17.18g (6.25%), Sugar: 11.94g (13.27%), Cholesterol: 6.63mg (2.21%), Sodium: 76.14mg (3.31%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 13.72mg (4.57%), Protein: 2.02g (4.05%), Iron: 2.71mg (15.04%), Manganese: 0.3mg (14.93%), Copper: 0.24mg (11.89%), Magnesium: 33.9mg (8.47%), Fiber: 1.63g (6.51%), Phosphorus: 58.87mg (5.89%), Vitamin K: 5.22µg (4.97%), Potassium: 127.1mg (3.63%), Selenium: 2.51µg (3.58%), Zinc: 0.54mg (3.57%), Vitamin E: 0.5mg (3.34%), Vitamin B2: 0.06mg (3.31%), Vitamin B3: 0.51mg (2.54%), Folate: 9.34µg (2.34%), Vitamin B1: 0.03mg (2.31%), Calcium: 17.92mg (1.79%), Vitamin A: 83.99IU (1.68%), Vitamin B5: 0.12mg (1.21%)