



OREO & Ice Cream Sandwich Cake

READY IN



255 min.

SERVINGS



15

CALORIES



329 kcal

Ingredients

- 0.5 cup cream sauce hot warmed
- 3.9 oz jell-o chocolate flavor pudding instant
- 2 cups oreo cookies divided chopped
- 12 vanilla ice cream sandwiches
- 8 oz cool whip whipped topping divided thawed

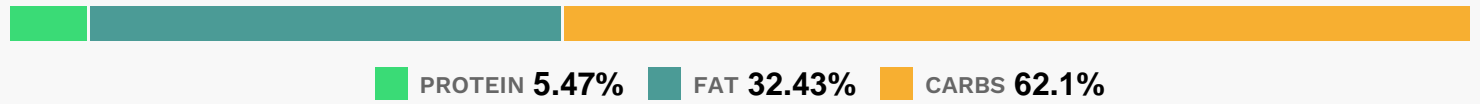
Equipment

- bowl
- whisk
- aluminum foil

Directions

- Whisk fudge topping and 1 cup COOL WHIP in medium bowl until blended.
- Add dry pudding mix; stir 2 min. Stir in 1 cup cookies.
- Arrange 4 ice cream sandwiches, side-by-side, on 24-inch-long piece of Reynolds Wrap Aluminum Foil; cover with half the COOL WHIP mixture. Repeat layers. Top with remaining sandwiches. Frost with remaining COOL WHIP; press remaining cookies into top and sides of dessert. Wrap loosely with foil.
- Freeze 4 hours.

Nutrition Facts



Properties

Glycemic Index:4.07, Glycemic Load:12.64, Inflammation Score:-2, Nutrition Score:4.3213043298734%

Nutrients (% of daily need)

Calories: 328.9kcal (16.45%), Fat: 12.14g (18.67%), Saturated Fat: 4.67g (29.16%), Carbohydrates: 52.29g (17.43%), Net Carbohydrates: 51.12g (18.59%), Sugar: 31.42g (34.91%), Cholesterol: 12.16mg (4.05%), Sodium: 306.29mg (13.32%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 4.61g (9.22%), Iron: 2.92mg (16.24%), Manganese: 0.21mg (10.46%), Magnesium: 34.95mg (8.74%), Copper: 0.13mg (6.71%), Calcium: 65.86mg (6.59%), Vitamin K: 6.69µg (6.37%), Vitamin E: 0.87mg (5.83%), Potassium: 175.76mg (5.02%), Fiber: 1.17g (4.67%), Phosphorus: 46.17mg (4.62%), Vitamin B2: 0.08mg (4.57%), Folate: 14.09µg (3.52%), Vitamin B1: 0.05mg (3.28%), Vitamin B3: 0.61mg (3.06%), Vitamin A: 151.82IU (3.04%), Selenium: 1.89µg (2.7%), Zinc: 0.3mg (2.02%)