



OREO Party on a Stick

READY IN



55 min.

SERVINGS



55

CALORIES



27 kcal

DESSERT

Ingredients

- 4 oz baker's chocolate white melted (6 oz.)
- 1 tsp canola oil
- 0.3 cup mint
- 12 oreo cookies

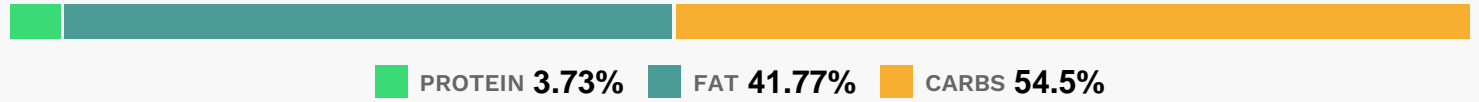
Equipment

- baking sheet

Directions

- Insert wooden pop stick into filling in center of each cookie; place on waxed paper-covered rimmed baking sheet. Freeze 10 min.
- Mix melted chocolate and oil until blended. Dip cookies, 1 at a time, in chocolate mixture, turning to evenly coat both sides of each. Return to baking sheet. Top with sprinkles.
- Refrigerate 30 min. or until chocolate coating is firm.

Nutrition Facts



Properties

Glycemic Index:1.27, Glycemic Load:0.85, Inflammation Score:-1, Nutrition Score:0.43217391245391%

Nutrients (% of daily need)

Calories: 27.06kcal (1.35%), Fat: 1.28g (1.97%), Saturated Fat: 0.59g (3.68%), Carbohydrates: 3.76g (1.25%), Net Carbohydrates: 3.68g (1.34%), Sugar: 2.94g (3.27%), Cholesterol: 0.43mg (0.14%), Sodium: 12.01mg (0.52%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.26g (0.51%), Iron: 0.32mg (1.79%)