



OREOÂ® Candy Shop Pudding

READY IN



10 min.

SERVINGS



10

CALORIES



420 kcal

DESSERT

Ingredients

- 0.5 cup chocolate syrup divided
- 2 cups chocolate-coated caramel-peanut nougat bars divided chopped
- 3 cups milk cold
- 2 pkg oreo cookies 'n creme flavor pudding instant (4-serving size each)
- 12 oz marble pound cake divided prepared cut into 14 slices,
- 1.5 cups cool whip whipped topping thawed ()

Equipment

- bowl

frying pan

whisk

Directions

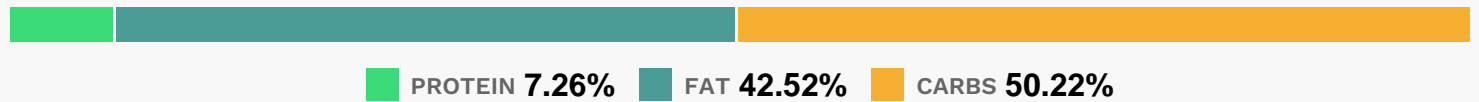
Pour milk into large bowl.

Add dry pudding mixes. Beat with wire whisk 2 minutes or until well blended. Gently stir in whipped topping.

Place 7 of the cake slices in 13x9-inch pan; drizzle with half of the chocolate syrup. Cover with layers of half each of the pudding mixture and chopped chocolate bars. Top with layers of remaining cake slices, chocolate syrup and pudding mixture; sprinkle with remaining chopped chocolate bars.

Serve immediately or cover and refrigerate until ready to serve. Store leftover dessert in refrigerator.

Nutrition Facts



Properties

Glycemic Index:6.1, Glycemic Load:4.12, Inflammation Score:-5, Nutrition Score:12.784347971172%

Nutrients (% of daily need)

Calories: 419.85kcal (20.99%), Fat: 19.86g (30.56%), Saturated Fat: 11.57g (72.29%), Carbohydrates: 52.8g (17.6%), Net Carbohydrates: 48.42g (17.61%), Sugar: 34.59g (38.43%), Cholesterol: 44.76mg (14.92%), Sodium: 266.43mg (11.58%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 28.91mg (9.64%), Protein: 7.63g (15.25%), Manganese: 0.81mg (40.74%), Copper: 0.72mg (35.93%), Iron: 5.44mg (30.23%), Magnesium: 102.96mg (25.74%), Phosphorus: 256.2mg (25.62%), Fiber: 4.38g (17.52%), Calcium: 149.53mg (14.95%), Vitamin B2: 0.24mg (14%), Potassium: 439.16mg (12.55%), Zinc: 1.75mg (11.7%), Selenium: 7.36µg (10.51%), Vitamin B12: 0.6µg (9.96%), Vitamin B1: 0.14mg (9.3%), Vitamin B5: 0.58mg (5.84%), Vitamin B3: 1.17mg (5.84%), Vitamin D: 0.87µg (5.82%), Folate: 16.75µg (4.19%), Vitamin B6: 0.08mg (3.94%), Vitamin A: 192.95IU (3.86%), Vitamin K: 3.33µg (3.17%), Vitamin E: 0.39mg (2.59%)