

Ouzotini

☒ Vegetarian ☒ Vegan ☒ Gluten Free ☒ Dairy Free

READY IN

ready

45 min.

SERVINGS

servings

2

CALORIES

calories

217 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

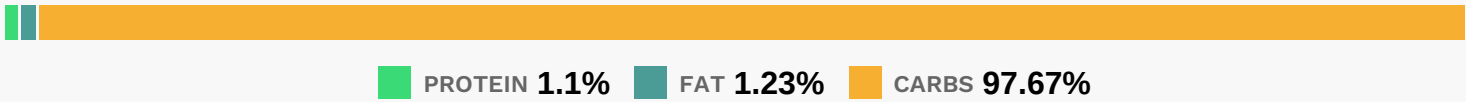
- ☐ 0.5 cup ice cubes
- ☐ 1 teaspoon juice of lime fresh
- ☐ 0.3 cup ouzo
- ☐ 0.5 cup pineapple juice
- ☐ 2 servings sugar
- ☐ 0.3 cup vodka

Equipment

Directions

☐ In a martini shaker, combine pineapple juice, ouzo, vodka, lime juice, and ice. Shake well; strain into 2 chilled martini glasses rimmed with sugar.

Nutrition Facts



Properties

Glycemic Index:73.05, Glycemic Load:11.82, Inflammation Score:-3, Nutrition Score:1.9769565492221%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 216.7kcal (10.83%), Fat: 0.11g (0.17%), Saturated Fat: 0g (0.03%), Carbohydrates: 19.76g (6.59%), Net Carbohydrates: 19.63g (7.14%), Sugar: 17.91g (19.9%), Cholesterol: 0mg (0%), Sodium: 4.91mg (0.21%), Alcohol: 20.04g (100%), Alcohol %: 13.18% (100%), Protein: 0.22g (0.45%), Manganese: 0.3mg (15.18%), Vitamin C: 6.65mg (8.06%), Copper: 0.06mg (3.05%), Vitamin B6: 0.06mg (3.01%), Folate: 10.87µg (2.72%), Vitamin B1: 0.04mg (2.54%), Potassium: 80.76mg (2.31%), Magnesium: 7.87mg (1.97%), Iron: 0.21mg (1.15%), Vitamin B2: 0.02mg (1.08%)