



## Oyster Shooter



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



1

CALORIES



259 kcal

BEVERAGE

DRINK

## Ingredients

- 1 pinch pepper black
- 0.3 cup horseradish
- 1 teaspoon horseradish
- 0.5 teaspoon hot sauce such as texas pete
- 0.5 cup catsup
- 1 teaspoon juice of lemon
- 1 dozens oysters
- 1 serving salt and pepper

- 1 shot vodka
- 0.5 teaspoon worcestershire sauce

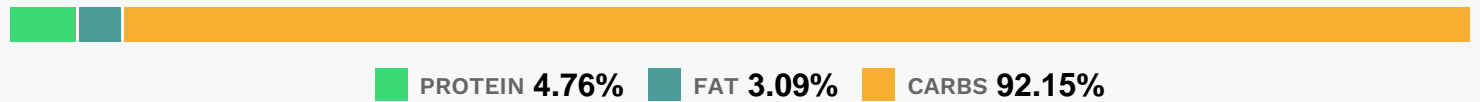
## Equipment

- bowl
- whisk

## Directions

- Shuck the oyster and add to a shot glass. Top with the Spicy Cocktail Sauce, add the horseradish, lemon juice, black pepper and pepper vodka. Stir together and shoot!
- Whisk the ketchup, horseradish, hot sauce, Worcestershire sauce and lemon juice together in a stainless steel bowl. Season with salt and pepper.

## Nutrition Facts



## Properties

Glycemic Index:117, Glycemic Load:1.83, Inflammation Score:-7, Nutrition Score:8.5413042825201%

## Flavonoids

Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg Hesperetin: 0.72mg, Hesperetin: 0.72mg, Hesperetin: 0.72mg, Hesperetin: 0.72mg Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 1.05mg, Quercetin: 1.05mg, Quercetin: 1.05mg, Quercetin: 1.05mg

## Nutrients (% of daily need)

Calories: 258.64kcal (12.93%), Fat: 0.62g (0.95%), Saturated Fat: 0.09g (0.54%), Carbohydrates: 41.28g (13.76%), Net Carbohydrates: 38.73g (14.08%), Sugar: 31.21g (34.68%), Cholesterol: 0.56mg (0.19%), Sodium: 1648.75mg (71.68%), Alcohol: 14.7g (100%), Alcohol %: 7.73% (100%), Protein: 2.13g (4.27%), Vitamin C: 24.93mg (30.21%), Potassium: 533.12mg (15.23%), Vitamin B2: 0.23mg (13.27%), Vitamin A: 623.97IU (12.48%), Folate: 49.33µg (12.33%), Vitamin B6: 0.24mg (12.16%), Vitamin E: 1.78mg (11.89%), Manganese: 0.22mg (10.98%), Fiber: 2.55g (10.21%), Vitamin B3: 2.01mg (10.06%), Copper: 0.19mg (9.65%), Zinc: 1.31mg (8.71%), Magnesium: 34.37mg (8.59%), Calcium: 59.46mg (5.95%), Phosphorus: 57.49mg (5.75%), Iron: 0.95mg (5.26%), Vitamin K: 4.7µg (4.48%), Selenium: 2.96µg (4.23%), Vitamin B12: 0.12µg (2.04%), Vitamin B1: 0.03mg (1.67%), Vitamin B5: 0.13mg (1.3%)