

Oyster Shooters



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



12

CALORIES



17 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 teaspoon horseradish prepared
- ☐ 1 optional: lemon for garnish cut into wedges,
- ☐ 10 ounce dozens oysters raw
- ☐ 2 teaspoons pepper
- ☐ 9 fluid ounces sacramento tomato juice
- ☐ 1.5 fluid ounce jiggers vodka

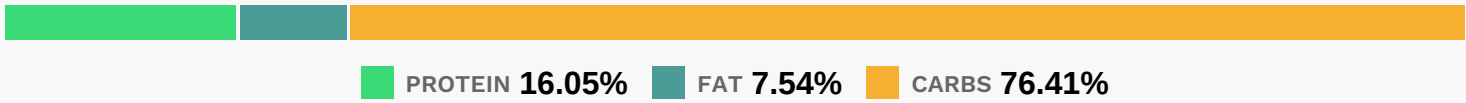
Equipment

- ☐ mixing bowl

Directions

- ☐ In a mixing bowl, combine tomato juice, horseradish and pepper.
- ☐ Mix thoroughly.
- ☐ Cut the lemon into 6 wedges.
- ☐ Pour 1/2 shot of tomato juice mixture into a small glass.
- ☐ Add a shot of vodka. Put 1 raw oyster in the glass and garnish with lemon wedge.

Nutrition Facts



Properties

Glycemic Index:11.57, Glycemic Load:0.47, Inflammation Score:-2, Nutrition Score:2.0921739054763%

Flavonoids

Eriodictyol: 1.92mg, Eriodictyol: 1.92mg, Eriodictyol: 1.92mg, Eriodictyol: 1.92mg Hesperetin: 2.51mg, Hesperetin: 2.51mg, Hesperetin: 2.51mg, Hesperetin: 2.51mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.02mg, Kaempferol: 0.02mg, Kaempferol: 0.02mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg

Nutrients (% of daily need)

Calories: 17.16kcal (0.86%), Fat: 0.09g (0.14%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 2.1g (0.7%), Net Carbohydrates: 1.66g (0.61%), Sugar: 1.06g (1.18%), Cholesterol: 0.94mg (0.31%), Sodium: 6.26mg (0.27%), Alcohol: 1.23g (100%), Alcohol %: 4.12% (100%), Protein: 0.44g (0.88%), Vitamin C: 8.93mg (10.83%), Zinc: 0.97mg (6.5%), Copper: 0.09mg (4.47%), Vitamin B12: 0.21µg (3.45%), Manganese: 0.07mg (3.41%), Vitamin A: 104.65IU (2.09%), Potassium: 72.38mg (2.07%), Fiber: 0.44g (1.76%), Vitamin B6: 0.03mg (1.69%), Iron: 0.29mg (1.63%), Folate: 5.89µg (1.47%), Magnesium: 4.27mg (1.07%), Vitamin K: 1.08µg (1.03%)