



Paloma

 **Vegetarian**  **Vegan**  **Gluten Free**  **Dairy Free**

READY IN



45 min.

SERVINGS



4

CALORIES



81 kcal

SIDE DISH

Ingredients

- 1.5 cups pink grapefruit juice
- 0.3 cup juice of lime fresh
- 4 servings garnish: lime wedges
- 12 ounce can
- 1 cup silver white
- 1 cup silver white

Equipment

Directions

- Combine tequila, lime juice, and pink grapefruit juice in an ice-filled pitcher.
- Pour in grapefruit soda.
- Garnish, if desired.

Nutrition Facts



PROTEIN 5.7% **FAT 2.25%** **CARBS 92.05%**

Properties

Glycemic Index:26.25, Glycemic Load:6.63, Inflammation Score:-7, Nutrition Score:5.8426088302032%

Flavonoids

Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 2.08mg, Hesperetin: 2.08mg, Hesperetin: 2.08mg, Hesperetin: 2.08mg Naringenin: 27.85mg, Naringenin: 27.85mg, Naringenin: 27.85mg, Naringenin: 27.85mg Luteolin: 0.51mg, Luteolin: 0.51mg, Luteolin: 0.51mg, Luteolin: 0.51mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg, Quercetin: 0.36mg

Nutrients (% of daily need)

Calories: 80.51kcal (4.03%), Fat: 0.22g (0.34%), Saturated Fat: 0.02g (0.12%), Carbohydrates: 20.3g (6.77%), Net Carbohydrates: 18.76g (6.82%), Sugar: 15.87g (17.63%), Cholesterol: 0mg (0%), Sodium: 2.09mg (0.09%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.26g (2.51%), Vitamin C: 55.17mg (66.87%), Vitamin A: 992.32IU (19.85%), Potassium: 276.9mg (7.91%), Fiber: 1.54g (6.15%), Magnesium: 17.77mg (4.44%), Folate: 14.42µg (3.6%), Vitamin B5: 0.33mg (3.32%), Calcium: 28.24mg (2.82%), Phosphorus: 27.34mg (2.73%), Vitamin B1: 0.04mg (2.71%), Vitamin B6: 0.05mg (2.56%), Iron: 0.44mg (2.45%), Vitamin B3: 0.46mg (2.31%), Vitamin B2: 0.03mg (1.7%), Copper: 0.03mg (1.6%), Manganese: 0.02mg (1.08%), Zinc: 0.16mg (1.07%)