



Paloma



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



185 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

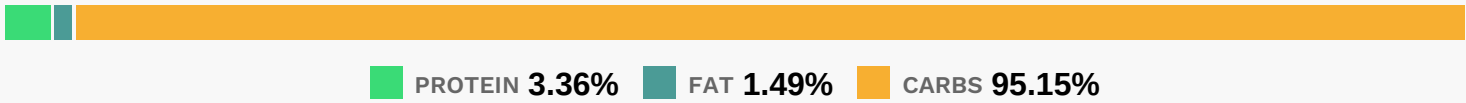
- ☐ 0.3 cup seltzer water
- ☐ 0.3 cup grapefruit juice fresh
- ☐ 1 serving kosher salt
- ☐ 1 tablespoon juice of lime fresh
- ☐ 0.3 cup tequila
- ☐ 1 teaspoon sugar

Equipment

Directions

- ☐
- Pour some kosher salt on a plate. Rub half of rim of a highball glass with a grapefruit wedge; dip rim of glass in salt.
- ☐
- Combine 1/4 cup fresh grapefruit juice, 1 tablespoon fresh lime juice, and 1 teaspoon sugar in glass; stir until sugar is dissolved. Stir in 1/4 cup mezcal or tequila, add ice, and top off with 1/4 cup club soda.
- ☐
- Garnish with grapefruit wedge.

Nutrition Facts



Properties

Glycemic Index:133.09, Glycemic Load:5.91, Inflammation Score:-3, Nutrition Score:1.7843478456464%

Flavonoids

Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg, Eriodictyol: 0.33mg Hesperetin: 1.35mg, Hesperetin: 1.35mg, Hesperetin: 1.35mg, Hesperetin: 1.35mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 184.89kcal (9.24%), Fat: 0.08g (0.13%), Saturated Fat: 0g (0.01%), Carbohydrates: 11.8g (3.93%), Net Carbohydrates: 11.68g (4.25%), Sugar: 10.74g (11.93%), Cholesterol: 0mg (0%), Sodium: 208.33mg (9.06%), Alcohol: 20.04g (100%), Alcohol %: 12.85% (100%), Protein: 0.42g (0.83%), Vitamin C: 20.37mg (24.69%), Potassium: 115.63mg (3.3%), Magnesium: 7.7mg (1.92%), Iron: 0.28mg (1.57%), Phosphorus: 10.99mg (1.1%), Zinc: 0.16mg (1.03%), Vitamin B3: 0.21mg (1.03%), Copper: 0.02mg (1.03%)