



Paloma Cocktail

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



45 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving seltzer water
- 1 serving grapefruit juice
- 1 serving juice of lime fresh
- 1 serving simple syrup glaze
- 1 serving tequila

Equipment

Directions

- Build ingredients over ice in a Collins glass and stir to chill.
- Garnish with a lime wedge and strawberry. More tequila-based cocktails on Food Republic: [Caupona Tequila Cocktail Recipe](#)
- [Rosemary Refresher Cocktail Recipe](#) ["Ode To Joy" Infused Tequila Cocktail Recipe](#)

Nutrition Facts



Properties

Glycemic Index: 63, Glycemic Load: 0.05, Inflammation Score: -1, Nutrition Score: 0.86652172664585%

Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 2.69mg, Hesperetin: 2.69mg, Hesperetin: 2.69mg, Hesperetin: 2.69mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

Nutrients (% of daily need)

Calories: 45.3kcal (2.27%), Fat: 0.02g (0.03%), Saturated Fat: 0g (0.02%), Carbohydrates: 3.37g (1.12%), Net Carbohydrates: 3.25g (1.18%), Sugar: 1.35g (1.5%), Cholesterol: 0mg (0%), Sodium: 1.56mg (0.07%), Alcohol: 5.01g (100%), Alcohol %: 13.23% (100%), Protein: 0.13g (0.26%), Vitamin C: 9.27mg (11.24%), Potassium: 37.67mg (1.08%)