



Papa Hemmingway Daiquiri



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



259 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1.5 ounce grapefruit juice fresh
- ☐ 3 ounce rum light
- ☐ 0.8 ounce juice of lime fresh
- ☐ 1 serving lime wedge as garnish
- ☐ 0.5 ounce maraschino liqueur

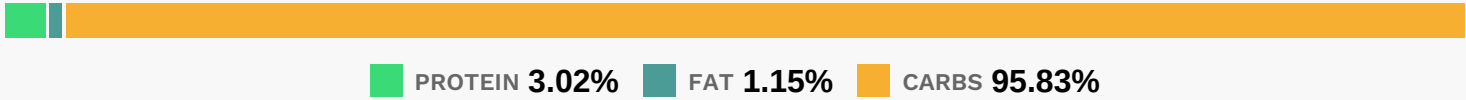
Equipment

- ☐ blender

Directions

- ☐
- Combine the liquid ingredients in a blender with ½ cup crushed ice. Blend until smooth.
- ☐
- Pour into a chilled cocktail glass. Squeeze the lime wedge over the glass, then drop it in.

Nutrition Facts



Properties

Glycemic Index:95, Glycemic Load:2.27, Inflammation Score:-4, Nutrition Score:1.6247826416207%

Flavonoids

Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 2.34mg, Hesperetin: 2.34mg, Hesperetin: 2.34mg, Hesperetin: 2.34mg Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg, Naringenin: 0.11mg Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg, Quercetin: 0.11mg

Nutrients (% of daily need)

Calories: 258.64kcal (12.93%), Fat: 0.06g (0.09%), Saturated Fat: 0g (0.01%), Carbohydrates: 11.17g (3.72%), Net Carbohydrates: 11.02g (4.01%), Sugar: 9.56g (10.62%), Cholesterol: 0mg (0%), Sodium: 2.15mg (0.09%), Alcohol: 34.13g (100%), Alcohol %: 26.38% (100%), Protein: 0.35g (0.7%), Vitamin C: 18.11mg (21.95%), Potassium: 96.49mg (2.76%), Magnesium: 6.01mg (1.5%), Iron: 0.23mg (1.27%), Copper: 0.02mg (1.21%), Phosphorus: 11.24mg (1.12%)