



Paris's Crimson Champagne Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



741 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 cup brandy
- ☐ 1 serving champagne
- ☐ 1 cinnamon sticks
- ☐ 1 cranberry fresh for garnish
- ☐ 1 quart cranberry juice cocktail
- ☐ 4 slices ginger fresh
- ☐ 1 piece star anise

Equipment

☐ sauce pan

Directions

- ☐ For cranberry syrup
- ☐ In a medium saucepan, boil the cranberry juice cocktail, the ginger, the cinnamon stick, and the star anise for half an hour or until reduced to 1 cup.
- ☐ Let cool.
- ☐ For cocktail
- ☐ Fill a Champagne flute half-full with Champagne and add the brandy.
- ☐ Add 1 ounce Brandy-Cranberry Syrup and mix.
- ☐ Garnish with fresh cranberry.
- ☐ The syrup recipe makes enough for 10 drinks.
- ☐ Reprinted with permission from Party Confidential by Lara Shriftman and Elizabeth Harrison. © 2006 Bulfinch Press

Nutrition Facts



Properties

Glycemic Index:145, Glycemic Load:76.95, Inflammation Score:-9, Nutrition Score:11.468260925749%

Flavonoids

Cyanidin: 3.97mg, Cyanidin: 3.97mg, Cyanidin: 3.97mg, Cyanidin: 3.97mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Pelargonidin: 0.29mg, Pelargonidin: 0.29mg, Pelargonidin: 0.29mg, Pelargonidin: 0.29mg Peonidin: 4.37mg, Peonidin: 4.37mg, Peonidin: 4.37mg, Peonidin: 4.37mg Catechin: 1.8mg, Catechin: 1.8mg, Catechin: 1.8mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg Epicatechin: 9.41mg, Epicatechin: 9.41mg, Epicatechin: 9.41mg, Epicatechin: 9.41mg Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg, Epigallocatechin 3-gallate: 0.01mg Apigenin: 0.09mg, Apigenin: 0.09mg, Apigenin: 0.09mg, Apigenin: 0.09mg Luteolin: 0.28mg, Luteolin: 0.28mg, Luteolin: 0.28mg, Luteolin: 0.28mg Kaempferol: 0.1mg, Kaempferol: 0.1mg, Kaempferol: 0.1mg, Kaempferol: 0.1mg Myricetin: 2.24mg, Myricetin: 2.24mg, Myricetin: 2.24mg, Myricetin: 2.24mg Quercetin: 20.97mg, Quercetin: 20.97mg, Quercetin: 20.97mg, Quercetin: 20.97mg

Nutrients (% of daily need)

Calories: 741.03kcal (37.05%), Fat: 1.21g (1.86%), Saturated Fat: 0.12g (0.75%), Carbohydrates: 134.35g (44.78%), Net Carbohydrates: 132.15g (48.05%), Sugar: 114.57g (127.3%), Cholesterol: 0mg (0%), Sodium: 31.46mg (1.37%), Alcohol: 29.51g (100%), Alcohol %: 3.2% (100%), Protein: 0.57g (1.14%), Vitamin C: 401.19mg (486.29%), Manganese: 1.12mg (56.06%), Vitamin E: 2.2mg (14.65%), Iron: 2.27mg (12.63%), Vitamin K: 10.61µg (10.11%), Potassium: 327.42mg (9.35%), Fiber: 2.2g (8.8%), Calcium: 84.6mg (8.46%), Copper: 0.16mg (8.16%), Magnesium: 31.56mg (7.89%), Vitamin B5: 0.53mg (5.32%), Phosphorus: 43.53mg (4.35%), Zinc: 0.57mg (3.81%), Selenium: 2.4µg (3.43%), Vitamin B3: 0.68mg (3.41%), Vitamin B6: 0.06mg (2.78%), Vitamin A: 89.74IU (1.79%), Vitamin B2: 0.02mg (1.44%)