



Parker's Famous Margaritas

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



12

CALORIES



55 kcal

BEVERAGE

DRINK

Ingredients

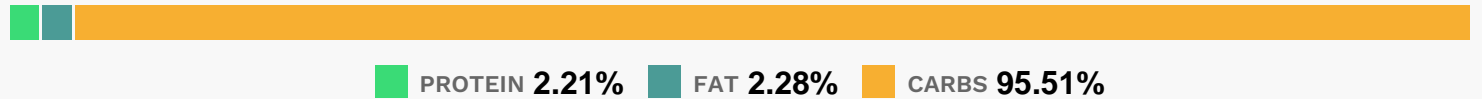
- 12 servings ice cubes
- 1 lime cut into wedges
- 1 fluid ounce juice of lime sweetened
- 3 fluid ounces juice of lime fresh
- 12 servings salt
- 5 fluid ounces tequila
- 3 fluid ounces triple sec orange-flavored (liqueur)

Equipment

Directions

- Measure the tequila, lime juice, sweetened lime juice and triple sec into a cocktail shaker and add a generous scoop of ice. Cover and shake until the shaker is frosty, about 30 seconds.
- Rub a lime wedge around the rim of a margarita glass and dip in salt. Fill each glass with ice. Strain equal amounts of the cocktail into the glasses to serve.
- Garnish with a lime wedge.

Nutrition Facts



Properties

Glycemic Index:3.92, Glycemic Load:0.14, Inflammation Score:-1, Nutrition Score:0.5334782678148%

Flavonoids

Eriodictyol: 0.22mg, Eriodictyol: 0.22mg, Eriodictyol: 0.22mg, Eriodictyol: 0.22mg Hesperetin: 3.29mg, Hesperetin: 3.29mg, Hesperetin: 3.29mg, Hesperetin: 3.29mg Naringenin: 0.23mg, Naringenin: 0.23mg, Naringenin: 0.23mg, Naringenin: 0.23mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 55.37kcal (2.77%), Fat: 0.04g (0.06%), Saturated Fat: 0.01g (0.06%), Carbohydrates: 3.8g (1.27%), Net Carbohydrates: 3.6g (1.31%), Sugar: 2.64g (2.93%), Cholesterol: 0mg (0%), Sodium: 197.61mg (8.59%), Alcohol: 6.04g (100%), Alcohol %: 8.35% (100%), Protein: 0.09g (0.18%), Vitamin C: 4.58mg (5.55%), Copper: 0.02mg (1.05%)