



## Parmesan Crescents

 Gluten Free

READY IN



27 min.

SERVINGS



12

CALORIES



37 kcal

### Ingredients

- ☐ 0.5 cup water cold
- ☐ 3 tablespoons butter softened
- ☐ 0.3 cup parmesan cheese grated
- ☐ 2 cups frangelico

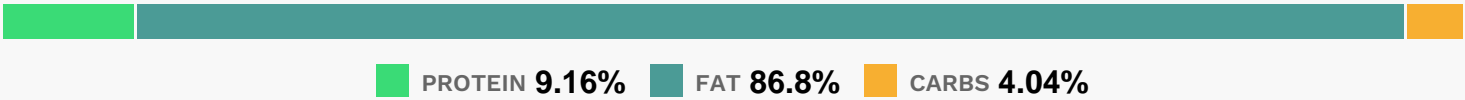
### Equipment

- ☐ baking sheet
- ☐ oven

## Directions

- ☐ Heat oven to 425°F.
- ☐ Mix Bisquick and cold water until soft dough forms; beat vigorously 30 seconds. Turn onto surface well dusted with Bisquick. Gently roll in Bisquick to coat; shape into ball. Knead 10 times.
- ☐ Roll or pat into 12-inch circle.
- ☐ Spread with butter; sprinkle with cheese.
- ☐ Cut into 12 wedges.
- ☐ Roll up, beginning at rounded edges.
- ☐ Place rolls, with points underneath, on ungreased cookie sheet; curve slightly.
- ☐ Bake 10 to 12 minutes or until golden brown.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.56826086601485%

## Nutrients (% of daily need)

Calories: 36.86kcal (1.84%), Fat: 3.6g (5.53%), Saturated Fat: 1.02g (6.34%), Carbohydrates: 0.38g (0.13%), Net Carbohydrates: 0.38g (0.14%), Sugar: 0g (0%), Cholesterol: 2.42mg (0.81%), Sodium: 82.11mg (3.57%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.85g (1.71%), Vitamin A: 149.22IU (2.98%), Calcium: 25.9mg (2.59%), Phosphorus: 18.42mg (1.84%), Selenium: 0.97µg (1.39%)