



Party Ice Cream Cake

 Dairy Free

READY IN



343 min.

SERVINGS



16

CALORIES



65 kcal

Ingredients

- 1 box asian rice cracker snack mix
- 1 quart yogurt frozen softened (any flavor)
- 1 serving whipped cream fresh

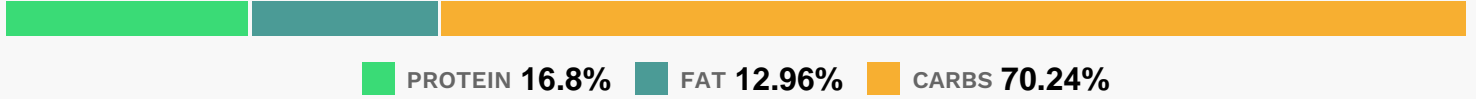
Equipment

- frying pan
- oven

Directions

- Heat oven to 350°F (325°F for dark or nonstick pan). Make, bake and cool cake as directed on box for 13x9-inch pan.
- Spread frozen yogurt over top of cake. Immediately cover and freeze at least 4 hours until firm.
- Just before serving, top each serving as desired. Cover and freeze any remaining cake.

Nutrition Facts



Properties

Glycemic Index:3.44, Glycemic Load:0.03, Inflammation Score:1, Nutrition Score:0.67347825780187%

Nutrients (% of daily need)

Calories: 64.52kcal (3.23%), Fat: 0.96g (1.48%), Saturated Fat: 0.05g (0.33%), Carbohydrates: 11.7g (3.9%), Net Carbohydrates: 11.52g (4.19%), Sugar: 11.31g (12.56%), Cholesterol: 3.24mg (1.08%), Sodium: 35.95mg (1.56%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.8g (5.59%), Calcium: 95.05mg (9.5%), Potassium: 135.54mg (3.87%)