



## Party Ice Cream Cake

 Dairy Free

READY IN



343 min.

SERVINGS



16

CALORIES



199 kcal

DESSERT

### Ingredients

- 1 box duncan hines classic decadent cake mix
- 1 quart yogurt frozen softened (any flavor)
- 16 servings whipped cream fresh

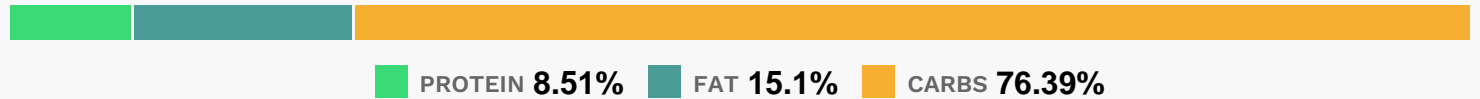
### Equipment

- frying pan
- oven

## Directions

- Heat oven to 350F (325F for dark or nonstick pan). Make, bake and cool cake as directed on box for 13x9-inch pan.
- Spread frozen yogurt over top of cake. Immediately cover and freeze at least 4 hours until firm.
- Just before serving, top each serving as desired. Cover and freeze any remaining cake.

## Nutrition Facts



## Properties

Glycemic Index:3.44, Glycemic Load:0.41, Inflammation Score:-1, Nutrition Score:3.2895652133486%

## Nutrients (% of daily need)

Calories: 198.91kcal (9.95%), Fat: 3.39g (5.22%), Saturated Fat: 1.46g (9.13%), Carbohydrates: 38.64g (12.88%), Net Carbohydrates: 38.1g (13.86%), Sugar: 25.35g (28.17%), Cholesterol: 7.52mg (2.51%), Sodium: 259.89mg (11.3%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 4.3g (8.61%), Calcium: 171.46mg (17.15%), Phosphorus: 114.23mg (11.42%), Folate: 22.8µg (5.7%), Vitamin B1: 0.07mg (4.82%), Potassium: 163.71mg (4.68%), Vitamin B2: 0.07mg (4.35%), Iron: 0.74mg (4.11%), Selenium: 2.86µg (4.09%), Vitamin B3: 0.78mg (3.88%), Manganese: 0.07mg (3.32%), Vitamin E: 0.32mg (2.13%), Fiber: 0.53g (2.13%), Copper: 0.03mg (1.34%), Zinc: 0.17mg (1.14%), Vitamin B5: 0.11mg (1.13%), Magnesium: 4.21mg (1.05%)