



## Party Potatoes

 Vegetarian  Gluten Free

READY IN



160 min.

SERVINGS



30

CALORIES



28 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 1.5 pounds baby potatoes
- 0.7 cup cream sour
- 1 sprigs optional: dill fresh chopped

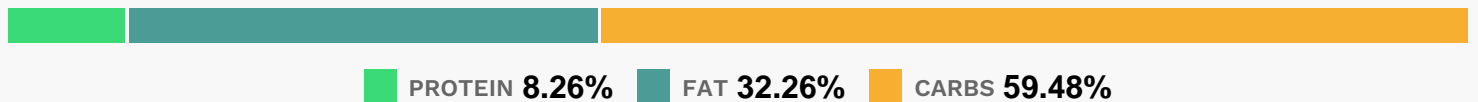
### Equipment

- sauce pan

### Directions

- Heat 1 inch water to boiling in 3-quart saucepan.
- Add potatoes. Cover and heat to boiling; reduce heat. Simmer 20 to 25 minutes or until tender; drain and cool.
- Cut potatoes in half; place cut sides up on serving tray. (
- Cut thin slice from bottom of each potato half, if necessary, to help stand upright.) Top each potato half with 1 teaspoon sour cream and dill weed. Cover and refrigerate about 2 hours or until chilled.

## Nutrition Facts



### Properties

Glycemic Index:3.29, Glycemic Load:2.9, Inflammation Score:-1, Nutrition Score:1.2795652196459%

### Flavonoids

Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg, Kaempferol: 0.18mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

### Nutrients (% of daily need)

Calories: 27.59kcal (1.38%), Fat: 1.01g (1.56%), Saturated Fat: 0.52g (3.26%), Carbohydrates: 4.2g (1.4%), Net Carbohydrates: 3.7g (1.35%), Sugar: 0.35g (0.39%), Cholesterol: 3.02mg (1.01%), Sodium: 2.95mg (0.13%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.58g (1.17%), Vitamin C: 4.52mg (5.48%), Vitamin B6: 0.07mg (3.45%), Potassium: 101.92mg (2.91%), Fiber: 0.5g (2%), Manganese: 0.04mg (1.77%), Phosphorus: 16.82mg (1.68%), Magnesium: 5.73mg (1.43%), Vitamin B1: 0.02mg (1.28%), Copper: 0.03mg (1.27%), Vitamin B3: 0.24mg (1.22%), Iron: 0.18mg (1.01%)