



## Patrick Henry Pigs in a Blanket

 Dairy Free

READY IN



45 min.

SERVINGS



12

CALORIES



235 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- ☐ 14 oz little wieners rinsed drained
- ☐ 16 oz regular crescent rolls refrigerated canned
- ☐ 12 servings mustard

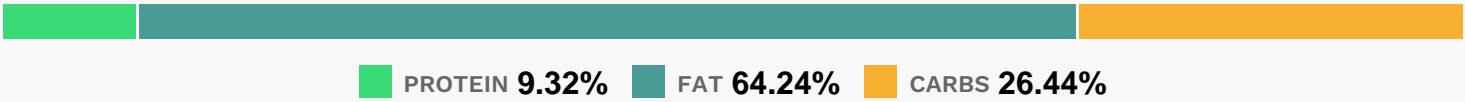
## Equipment

- ☐ baking sheet
- ☐ oven

# Directions

- ☐ Preheat oven to 375F. Divide dough into 8 triangles.
- ☐ Cut each triangle into thirds.
- ☐ Place 1 cocktail frank on narrow end of triangle; roll up. Arrange on ungreased baking sheets, pastry-point side down. Repeat with remaining dough and franks.
- ☐ Bake franks until golden brown, 12 to 15 minutes.
- ☐ Serve with mustard, if desired.

## Nutrition Facts



## Properties

Glycemic Index:2.67, Glycemic Load:0.02, Inflammation Score:0, Nutrition Score:1.364347845154%

## Nutrients (% of daily need)

Calories: 234.9kcal (11.75%), Fat: 17.26g (26.55%), Saturated Fat: 6.54g (40.86%), Carbohydrates: 15.98g (5.33%), Net Carbohydrates: 15.77g (5.73%), Sugar: 4.31g (4.79%), Cholesterol: 21.17mg (7.06%), Sodium: 689.75mg (29.99%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.64g (11.27%), Phosphorus: 75.52mg (7.55%), Iron: 0.95mg (5.26%), Zinc: 0.68mg (4.56%), Copper: 0.07mg (3.49%), Selenium: 1.7µg (2.43%), Magnesium: 8.02mg (2.01%), Potassium: 64.72mg (1.85%), Manganese: 0.02mg (1.04%)