



Patti's Caramel Cake

READY IN



50 min.

SERVINGS



16

CALORIES



285 kcal

DESSERT

Ingredients

- 0.5 cup butter
- 2 cups confectioners' sugar
- 0.5 cup brown sugar dark packed
- 3 large eggs
- 0.5 cup brown sugar light packed
- 0.3 cup milk
- 1 teaspoon vanilla extract pure
- 16.3 ounce duncan hines classic decadent cake mix white

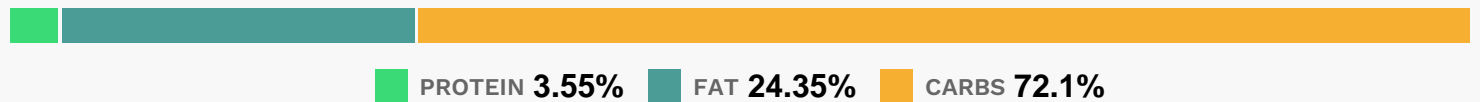
Equipment

- frying pan
- sauce pan
- oven
- blender
- baking pan
- toothpicks
- wooden spoon

Directions

- Preheat oven to 350 degrees F (175 degrees C). Grease a 9x13-inch baking pan.
- Blend cake mix, 1 cup milk, 1/2 cup butter, eggs, and 2 tablespoons vanilla extract in a blender until batter is smooth, about 3 minutes.
- Pour batter into the prepared pan.
- Bake in the preheated oven until a toothpick inserted in the center of the cake comes out clean, about 30 minutes.
- Heat 1/2 cup butter, light brown sugar, and dark brown sugar in a saucepan; bring to a boil.
- Add 1/4 cup milk and 1 teaspoon vanilla extract and return to a boil.
- Remove saucepan from heat and spoon confectioners' sugar, about 2 tablespoons at a time, into mixture using a wooden spoon, stirring after each addition until frosting is smooth.
- Spread frosting over cake.

Nutrition Facts



Properties

Glycemic Index:5.5, Glycemic Load:0.07, Inflammation Score:-2, Nutrition Score:3.6439130461734%

Nutrients (% of daily need)

Calories: 284.98kcal (14.25%), Fat: 7.83g (12.04%), Saturated Fat: 4.57g (28.58%), Carbohydrates: 52.16g (17.39%), Net Carbohydrates: 51.84g (18.85%), Sugar: 40.38g (44.86%), Cholesterol: 50.58mg (16.86%), Sodium: 264.08mg (11.48%), Alcohol: 0.09g (100%), Alcohol %: 0.14% (100%), Protein: 2.57g (5.14%), Phosphorus: 121.71mg (12.17%), Calcium: 86.29mg (8.63%), Selenium: 5.75µg (8.22%), Vitamin B2: 0.12mg (6.83%), Folate: 24.91µg (6.23%), Vitamin A: 234.07IU (4.68%), Iron: 0.83mg (4.63%), Vitamin B1: 0.07mg (4.58%), Manganese: 0.07mg (3.59%), Vitamin B3: 0.72mg (3.59%), Vitamin E: 0.52mg (3.44%), Vitamin B5: 0.27mg (2.69%), Vitamin B12: 0.12µg (1.93%), Copper: 0.04mg (1.89%), Zinc: 0.28mg (1.88%), Potassium: 57.17mg (1.63%), Vitamin B6: 0.03mg (1.61%), Magnesium: 6.16mg (1.54%), Vitamin D: 0.23µg (1.53%), Fiber: 0.32g (1.27%), Vitamin K: 1.31µg (1.25%)