



Pause that Refreshes



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



85 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



1 tablespoon cola gastrique



1 serving garnish: lemon rind curl



2 dashes orange bitters



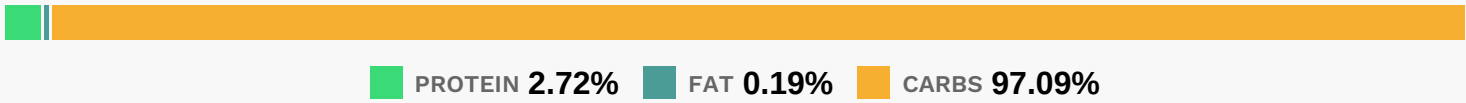
5 oz sparkling wine

Equipment

Directions

- ☐
- Add 1 Tbsp. Cola Gastrique and 2 dashes of orange bitters to a Champagne flute or coupe glass. Top with sparkling wine.
- ☐
- Garnish, if desired.

Nutrition Facts



Properties

Glycemic Index:63, Glycemic Load:0.89, Inflammation Score:-4, Nutrition Score:0.85913042586459%

Nutrients (% of daily need)

Calories: 84.54kcal (4.23%), Fat: 0g (0.01%), Saturated Fat: 0g (0%), Carbohydrates: 4.02g (1.34%), Net Carbohydrates: 4g (1.46%), Sugar: 3.22g (3.58%), Cholesterol: 0mg (0%), Sodium: 10.53mg (0.46%), Alcohol: 9.97g (100%), Alcohol %: 7.96% (100%), Protein: 0.11g (0.23%), Potassium: 125.35mg (3.58%), Magnesium: 14.2mg (3.55%), Iron: 0.58mg (3.25%), Phosphorus: 22.76mg (2.28%), Vitamin B6: 0.03mg (1.43%), Calcium: 13.32mg (1.33%)