



PB & J Pinwheels



Vegetarian



Dairy Free

READY IN



515 min.

SERVINGS



36

CALORIES



191 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 0.8 cup firmly brown sugar light packed
- ☐ 1 cup butter flavor crisco® all-vegetable shortening
- ☐ 1 cup jif® creamy peanut butter
- ☐ 2 eggs
- ☐ 2.5 cups flour all-purpose
- ☐ 0.8 cup granulated sugar
- ☐ 0.7 cup peanuts finely chopped

- ☐ 0.5 cup smucker's® raspberry jam red
- ☐ 1 teaspoon salt
- ☐ 1 teaspoon vanilla extract

Equipment

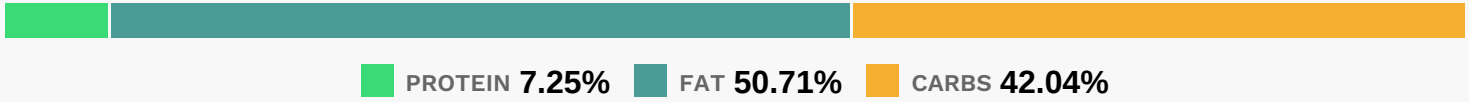
- ☐ bowl
- ☐ frying pan
- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ hand mixer
- ☐ aluminum foil
- ☐ ziploc bags
- ☐ spatula

Directions

- ☐ Cut parchment paper to line 17 x 11-inch pan.
- ☐ Combine Butter Flavor CRISCO®, peanut butter, granulated sugar and brown sugar in a large bowl. Beat with electric mixer at medium speed until well blended. Beat in eggs and vanilla.
- ☐ Combine flour, salt and baking soda.
- ☐ Add gradually to creamed mixture at low speed. Beat until well blended.
- ☐ Press dough out to edges of paper and spread with jam to within 1/2-inch of edges. Lift up long side of paper. Loosen dough with spatula.
- ☐ Roll dough up jelly-roll fashion. Seal seam.
- ☐ Sprinkle nuts on paper.
- ☐ Roll dough over on nuts. Press on any extra nuts. Wrap in paper.
- ☐ Place in plastic bag. Refrigerate overnight.
- ☐ Heat oven to 375 degrees F. Line baking sheet with foil or parchment paper.
- ☐ Unwrap dough.

- ☐
- Cut into 1/2-inch slices.
- ☐
- Place 2 inches apart on prepared baking sheet.
- ☐
- Bake at 375 degrees F for 10 to 12 minutes or until set. Cool about 5 minutes on baking sheet before removing to new foil. If desired, top with additional jam before serving.

Nutrition Facts



Properties

Glycemic Index:6.34, Glycemic Load:9.66, Inflammation Score:-2, Nutrition Score:3.9265217405298%

Nutrients (% of daily need)

Calories: 190.53kcal (9.53%), Fat: 11.03g (16.97%), Saturated Fat: 2.44g (15.28%), Carbohydrates: 20.58g (6.86%), Net Carbohydrates: 19.69g (7.16%), Sugar: 11.69g (12.99%), Cholesterol: 9.09mg (3.03%), Sodium: 133.06mg (5.79%), Alcohol: 0.04g (100%), Alcohol %: 0.12% (100%), Protein: 3.55g (7.09%), Manganese: 0.24mg (12.09%), Vitamin B3: 1.91mg (9.53%), Folate: 30.25µg (7.56%), Vitamin E: 1.04mg (6.92%), Vitamin B1: 0.1mg (6.61%), Selenium: 4.36µg (6.22%), Phosphorus: 50.09mg (5.01%), Magnesium: 20.01mg (5%), Vitamin B2: 0.08mg (4.46%), Iron: 0.74mg (4.1%), Copper: 0.08mg (3.8%), Fiber: 0.89g (3.55%), Vitamin K: 3.08µg (2.94%), Vitamin B6: 0.05mg (2.61%), Vitamin B5: 0.25mg (2.45%), Potassium: 83.19mg (2.38%), Zinc: 0.34mg (2.24%), Calcium: 13.95mg (1.39%)