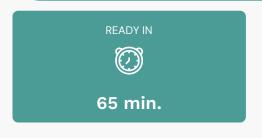


PB & J Thumbprints







DESSERT

Ingredients

	1 pouch peanut butter sandwich cookie crumbs	(1 lb 1.5 c	z)
	3 tablespoons vegetable oil		

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1 tablespoon water

1 eggs

0.3 cup jam

16 oz chocolate frosting

Equipment

bowl

	baking sheet			
	oven			
	wire rack			
	microwave			
Directions				
	Heat oven to 375°F. In medium bowl, stir cookie mix, oil, water and egg until soft dough forms. Shape dough into 36 balls, about 1 inch each.			
	Place 2 inches apart on ungreased cookie sheet.			
	Bake 8 to 10 minutes or until edges begin to brown.			
	Remove from oven and immediately make indentation in center of each cookie with back of spoon. Cool 2 minutes; remove from cookie sheet to wire rack. Cool completely, about 30 minutes.			
	Fill each thumbprint with 1/2 teaspoon jam. If desired, drizzle cookies with chocolate glaze. To make glaze, in small microwavable bowl, microwave frosting on High 10 seconds or until thin enough to drizzle.			
Nutrition Facts				
	PROTEIN 3.89% FAT 38.73% CARBS 57.38%			

Properties

Glycemic Index:1.53, Glycemic Load:0.88, Inflammation Score:0, Nutrition Score:0.78347826263179%

Nutrients (% of daily need)

Calories: 127.4kcal (6.37%), Fat: 5.68g (8.74%), Saturated Fat: 1.4g (8.75%), Carbohydrates: 18.95g (6.32%), Net Carbohydrates: 18.32g (6.66%), Sugar: 13.83g (15.37%), Cholesterol: 4.55mg (1.52%), Sodium: 138.74mg (6.03%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.29g (2.57%), Fiber: 0.63g (2.52%), Iron: 0.39mg (2.17%), Vitamin E: 0.3mg (2.03%), Vitamin K: 2.09µg (1.99%), Manganese: 0.03mg (1.58%), Copper: 0.03mg (1.43%), Phosphorus: 12.82mg (1.28%)