



Peach Martini



Vegetarian



Vegan



Dairy Free

READY IN



2 min.

SERVINGS



1

CALORIES



298 kcal

BEVERAGE

DRINK

Ingredients

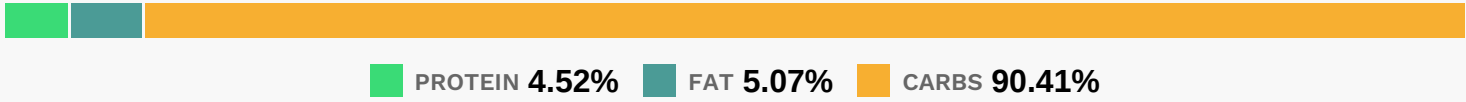
- ☐ 1 serving ice cubes
- ☐ 0.5 ounce juice of lime fresh
- ☐ 1 serving peaches for garnish
- ☐ 2 ounces peach nectar
- ☐ 1 ounce peach schnapps
- ☐ 2 ounces vanilla vodka

Equipment

Directions

- ☐ Watch how to make this recipe.
- ☐ In a cocktail shaker mix all the ingredients along with the ice. Shake well and pour into a chilled martini glass.
- ☐ Garnish with a peach slice.

Nutrition Facts



Properties

Glycemic Index:55.25, Glycemic Load:5.19, Inflammation Score:-6, Nutrition Score:4.8108695797298%

Flavonoids

Cyanidin: 2.88mg, Cyanidin: 2.88mg, Cyanidin: 2.88mg, Cyanidin: 2.88mg Catechin: 7.38mg, Catechin: 7.38mg, Catechin: 7.38mg, Catechin: 7.38mg Epigallocatechin: 1.56mg, Epigallocatechin: 1.56mg, Epigallocatechin: 1.56mg, Epigallocatechin: 1.56mg Epicatechin: 3.51mg, Epicatechin: 3.51mg, Epicatechin: 3.51mg, Epicatechin: 3.51mg Epigallocatechin 3-gallate: 0.45mg, Epigallocatechin 3-gallate: 0.45mg, Epigallocatechin 3-gallate: 0.45mg, Epigallocatechin 3-gallate: 0.45mg Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 1.27mg, Hesperetin: 1.27mg, Hesperetin: 1.27mg, Hesperetin: 1.27mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Kaempferol: 0.33mg, Kaempferol: 0.33mg, Kaempferol: 0.33mg, Kaempferol: 0.33mg Quercetin: 1.06mg, Quercetin: 1.06mg, Quercetin: 1.06mg, Quercetin: 1.06mg

Nutrients (% of daily need)

Calories: 298.16kcal (14.91%), Fat: 0.74g (1.14%), Saturated Fat: 0.05g (0.32%), Carbohydrates: 29.61g (9.87%), Net Carbohydrates: 27.25g (9.91%), Sugar: 26.26g (29.18%), Cholesterol: 0mg (0%), Sodium: 29.39mg (1.28%), Alcohol: 18.94g (100%), Alcohol %: 6.63% (100%), Protein: 1.48g (2.96%), Vitamin A: 642.37IU (12.85%), Vitamin C: 10.4mg (12.61%), Fiber: 2.36g (9.45%), Vitamin E: 1.29mg (8.6%), Copper: 0.15mg (7.28%), Vitamin B3: 1.28mg (6.4%), Potassium: 217.16mg (6.2%), Manganese: 0.1mg (5.24%), Vitamin B1: 0.08mg (5.09%), Vitamin K: 5.27µg (5.01%), Selenium: 3.28µg (4.68%), Magnesium: 15.96mg (3.99%), Phosphorus: 39.52mg (3.95%), Vitamin B2: 0.06mg (3.59%), Vitamin B6: 0.06mg (3.19%), Iron: 0.57mg (3.16%), Vitamin B5: 0.29mg (2.85%), Folate: 10.98µg (2.75%), Zinc: 0.37mg (2.45%), Calcium: 13.07mg (1.31%)