



Peach Martini with Chiles from the Garden



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



6

CALORIES



150 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 teaspoons vermouth dry
- ☐ 1.5 cups top-quality gin
- ☐ 6 servings kosher salt
- ☐ 1 slices peaches white ripe
- ☐ 1 slices chile fresh green red hot (try a or jalapeño or a Thai chile)

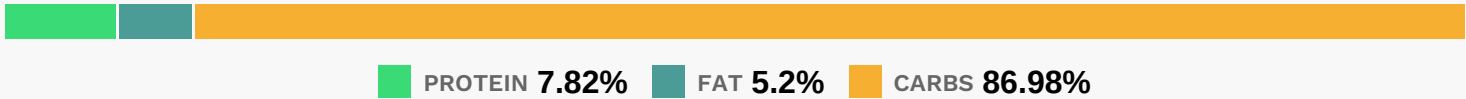
Equipment

- ☐ toothpicks
- ☐ skewers

Directions

- ☐ Fill six martini glasses with ice, then water; let stand until glasses are very cold, about 5 minutes (or chill them, empty, in the freezer). Meanwhile, for each drink, push 1 or 2 slices ripe white peach and 1 slice fresh hot chile (try a red or green jalapeo or a Thai chile) onto a small skewer or toothpick.
- ☐ Sprinkle peaches lightly with kosher salt. Empty glasses and pour 1 to 2 teaspoons dry vermouth into each. Swirl to coat glass, then pour off and discard most of the vermouth. Fill a 3-cup martini shaker with ice cubes and add 1 1/2 cups top-quality gin or vodka. Seal and shake until cold, 4 to 6 times. Strain into glasses.
- ☐ Garnish each with a peach-chile skewer.

Nutrition Facts



Properties

Glycemic Index:16.71, Glycemic Load:0.89, Inflammation Score:-3, Nutrition Score:0.77260869579471%

Flavonoids

Cyanidin: 0.49mg, Cyanidin: 0.49mg, Cyanidin: 0.49mg, Cyanidin: 0.49mg Catechin: 1.26mg, Catechin: 1.26mg, Catechin: 1.26mg, Catechin: 1.26mg Epigallocatechin: 0.27mg, Epigallocatechin: 0.27mg, Epigallocatechin: 0.27mg, Epigallocatechin: 0.27mg Epicatechin: 0.6mg, Epicatechin: 0.6mg, Epicatechin: 0.6mg, Epicatechin: 0.6mg Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg, Epigallocatechin 3-gallate: 0.08mg Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg, Kaempferol: 0.06mg Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg, Quercetin: 0.17mg

Nutrients (% of daily need)

Calories: 150.11kcal (7.51%), Fat: 0.07g (0.11%), Saturated Fat: 0g (0.03%), Carbohydrates: 2.64g (0.88%), Net Carbohydrates: 2.25g (0.82%), Sugar: 2.16g (2.4%), Cholesterol: 0mg (0%), Sodium: 197.74mg (8.6%), Alcohol: 20.12g (100%), Alcohol %: 29.25% (100%), Protein: 0.24g (0.47%), Vitamin A: 85.26IU (1.71%), Copper: 0.03mg (1.65%), Vitamin C: 1.29mg (1.57%), Fiber: 0.39g (1.55%), Manganese: 0.03mg (1.36%), Vitamin E: 0.19mg (1.26%), Vitamin B3: 0.22mg (1.08%)