

VEGETARIAN

Peach-Orange Jam

21 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	100	\$0.09	24 kcal

Peach-Orange Jam takes roughly 45 minutes from beginning to end. One serving contains 24 calories, 0g of protein, and 0g of fat. For 9 cents per serving, this recipe covers 0% of your daily requirements of vitamins and minerals. This recipe serves 100. 1 person were glad they tried this recipe.

Ingredients

- ☐ 0.6 ounce orange-flavored sugar-free drink mix (such as Crystal Light)
- ☐ 12 cups sliced fresh peaches
- ☐ 1¾ cups measures-like-sugar" calorie-free sweetener
- ☐ 1¾ ounce package no-sugar-needed pectin

EQUIPMENT Food processor, Dutch oven

Method

- 1

Process peaches in a food processor until chopped.
- 2

Transfer peaches to a Dutch oven; stir in pectin.
- 3

Let stand 10 minutes. Bring to a boil over medium-high heat; cook 15 minutes, stirring constantly.
- 4

Remove from heat.
- 5

Stir in sweetener and drink mix.

- 6 Pour into hot sterilized jars, leaving 1/4 inch at the top of jar; wipe jar rims. Cover at once with metal lids, and screw on bands. Process in boiling water bath 5 minutes.
- 7 carbo rating: 2

Nutrition per serving

24	0 g	0 g	6 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			0 g · 0% of daily needs
Fibre			0.3 g · 1% of daily needs
Sugar			5.6 g · 6% of daily needs
Sodium			3.1 mg · 0% of daily needs
Cholesterol			0 mg · 0% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/peach-orange-jam-144246