

Peach Prosecco



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



151 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 ounce juice of lemon
- ☐ 1 ounce peaches
- ☐ 1 serving peaches
- ☐ 2 dashes peaches
- ☐ 0.5 ounce peach nectar
- ☐ 1 ounce vodka

Equipment

Directions

☐ In a cocktail shaker, combine the vodka, peach liqueur, Prosecco, lemon juice, peach nectar, and bitters, if using. Fill the shaker with ice and shake vigorously until completely mixed, about 20 seconds. Strain into a chilled champagne coupe and garnish with a peach wedge.

Nutrition Facts



Properties

Glycemic Index:135.75, Glycemic Load:6.24, Inflammation Score:-6, Nutrition Score:5.1630434419798%

Flavonoids

Cyanidin: 3.46mg, Cyanidin: 3.46mg, Cyanidin: 3.46mg, Cyanidin: 3.46mg Catechin: 8.87mg, Catechin: 8.87mg, Catechin: 8.87mg, Catechin: 8.87mg Epigallocatechin: 1.88mg, Epigallocatechin: 1.88mg, Epigallocatechin: 1.88mg, Epigallocatechin: 1.88mg Epicatechin: 4.22mg, Epicatechin: 4.22mg, Epicatechin: 4.22mg, Epicatechin: 4.22mg Epigallocatechin 3-gallate: 0.54mg, Epigallocatechin 3-gallate: 0.54mg, Epigallocatechin 3-gallate: 0.54mg, Epigallocatechin 3-gallate: 0.54mg Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg, Naringenin: 0.2mg Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg, Kaempferol: 0.4mg Quercetin: 1.24mg, Quercetin: 1.24mg, Quercetin: 1.24mg, Quercetin: 1.24mg

Nutrients (% of daily need)

Calories: 151.3kcal (7.56%), Fat: 0.6g (0.93%), Saturated Fat: 0.05g (0.28%), Carbohydrates: 20.84g (6.95%), Net Carbohydrates: 18.08g (6.57%), Sugar: 17.2g (19.12%), Cholesterol: 0mg (0%), Sodium: 25.43mg (1.11%), Alcohol: 9.47g (100%), Alcohol %: 5.06% (100%), Protein: 1.71g (3.41%), Vitamin C: 12.88mg (15.61%), Vitamin A: 625.36IU (12.51%), Fiber: 2.76g (11.05%), Vitamin E: 1.38mg (9.19%), Copper: 0.15mg (7.42%), Vitamin B3: 1.48mg (7.4%), Potassium: 239.16mg (6.83%), Manganese: 0.11mg (5.72%), Selenium: 3.83µg (5.47%), Vitamin K: 5.58µg (5.31%), Phosphorus: 42.65mg (4.27%), Magnesium: 15.85mg (3.96%), Vitamin B1: 0.06mg (3.77%), Vitamin B2: 0.06mg (3.66%), Iron: 0.64mg (3.54%), Folate: 13.8µg (3.45%), Vitamin B5: 0.3mg (3.04%), Vitamin B6: 0.06mg (2.84%), Zinc: 0.42mg (2.82%)